



Launch Your Career At Keefe At Night!



750 Winter Street Framingham, MA 01702 - (508) 416-2170 - continuinged@jpkeefehs.org - keefeatnight.org

Keefe at Night Certification and Licensing Preparation Programs

Tuition-Free Licensing/Certification Programs for Eligible/Qualified Applicants - Start in September 2026

Journeyman Electrical Code Module 1
Journeyman Plumbing Tier 1
HVAC-Oil and Gas Burner Certification

Trades License Training/Exam Preparation

Construction Supervisor - Unrestricted License
Hoisting 2A and 1C
Electrical Code - Journeyman Modules
Plumbing Code and Theory - Journeyman Tiers

Medical & Allied Health Training/ Exam Preparation

Emergency Medical Technician (EMT) Certification
Clinical Medical Assistant Certification
Phlebotomy Technician Certification
Heartsaver® CPR AED Training

Reiki Certification

Usui/Holy Fire Reiki, Level 1
Usui Holy Fire Reiki, Level 2

ServSafe Certification

ServSafe Manager Training/Certification Testing

Frequently Asked Questions

The Spring Semester Starts on: March 2, 2026

This semester the vast majority of classes will take place at Keefe Tech, but we will continue to offer virtual and hybrid courses. In addition a few courses will take place at offsite locations.

Office Hours - Spring 2026

Starting in March our staff can be reached at the following times:

- Monday-Thursday:
9:00am-9:00pm
- Friday:
9:00am-4:00pm



Scheduled Cancellation Dates:

3/10, 3/19, 4/9, 4/20-4/25, 5/7, 5/20 and 5/25

Please check your registration receipt for possible additional cancellation dates for your specific class/es.



Contact Information

Phone: 508-416-2170

Email: continuinged@jpkeefehs.org

Website: Keefeatnight.org

Mailing Address: 750 Winter Street
Framingham, MA 01702



What technology do I need to join a virtual class?

A computer with audio and video, and an Internet connection. A Zoom link will be sent to students in advance of class. You will use the same link for multiple-session classes.



Tuition Payment

Payment is due in full at time of registration. Please call us for information on payment plans for select courses.

Forms of Payment

We accept Cash, Visa, MasterCard, Checks, and Organization Purchase Orders.

Age Requirement

Unless otherwise noted, participants must be 18 years of age or older to participate in our programs.



Certificate of Class Completion

Upon successful completion of Licensing and Certification programs, students will receive a certificate of completion. Replacement certificates are available for a \$5.00 fee per certificate.

Missed Classes in Certification & Licensing Programs

There is a fee for make-up classes taken beyond the scheduled class hours.



Textbooks and Supplies

Keefe at Night does not operate a book/supply store. Please see the online course descriptions for information on books and supplies.



Registration/Confirmation Receipt

In addition to payment information, your receipt contains:



- Dates and times of your class & location
- Scheduled cancellation dates
- Books/Supplies information
- Withdrawal/Refund policy.

Withdrawal/Cancellation Refund Policy

Please see page 21 of this catalog for full details on refunds, and our policies and procedures.



Safety Protocols

Keefe at Night adheres to current (and future) safety protocols in place at Keefe Tech Regional High School.

Join Us!

Full course descriptions are available at Keefeatnight.org

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Full course descriptions including instructor bios, books/supplies information and scheduled class cancellations can be found online at keefeatnight.org.

We're Hiring Electrical Instructors

About the Position

We are currently seeking dedicated and knowledgeable instructors for our Electrical Code Modular Program. As an instructor, you will have an opportunity to share your knowledge with adults who are just starting out in the field. You will be responsible for teaching 1 or 2 Modules during our Spring and Fall semesters. The ideal candidate would be available 2-3 nights a week after 5pm or on Saturday mornings.

Requirements:

- Teaching experience
- Possesses a Master Electrician License

How to Apply

Please send your resume to Soraya Winters at swinters@jpkeefe.org to apply. If you have any questions, please call Keefe at Night at (508) 416-2170.



ARTS AND CRAFTS

Listings for English Language courses can be found in the Language Arts Section.

Visual Arts with Terri Regotti

Acrylic Painting - In Person

Students will explore a teacher assignment or students may bring visual references for what they would like to paint. Each student is guided independently by the teacher and through class critiques. **No Class: 4/22. A list of required materials is available on the online description.**

ART01-Spring2026 \$199.00
03/04/2026-05/13/2026 Days:W
6:00PM - 9:00PM Sessions: 10
Keefe Tech, Ground Floor, Design and Visual

Drawing for Beginners - In Person

The course will include learning specific drawing techniques that will help students to learn "how to see" based on the principles and elements of art, composition, shading and positive/negative space. **A list of required materials is available on the online description. No Class: 4/20.**

ART02-Spring2026 \$199.00
03/16/2026-05/11/2026 Days:M
6:00PM - 9:00PM Sessions: 10
Keefe Tech, Ground Floor, Design and Visual

Drawing/Acrylic Painting: Independent Study - In Person

This is an advanced art class. Students enrolling in this class will have already worked with the teacher in Beginner Drawing and/or Acrylic painting. **A list of required materials is available on the online description. No Class: 3/19, 4/9, 4/23, 5/7.**

ART05-Spring2026 \$199.00
03/04/2026-05/13/2026 Days:Th
6:00PM - 9:00PM Sessions: 10
Keefe Tech, Ground Floor, Design and Visual

Textiles with Jessica Pelon

Feel free to contact the instructor before the first class with any questions or to discuss project ideas at keefe.pugstitches.com.

Knitting for Beginners - In Person

This class is designed for new knitters as well as anyone needing a refresher. Practice supplies will be provided by the instructor. Students are also encouraged to bring any needles or yarn they already have. **No Class: 4/21. Students will need to purchase additional project supplies.**

ARTTXT03-Spring2026 \$129.00
03/17/2026-04/28/2026 Days:TU
6:30PM - 9:00PM Sessions: 6
Keefe Tech, Main Floor, Room 203

Knitting Workshop - In Person

This is the perfect continuation of the Knitting for Beginners class and is also great for experienced knitters. In this independent study class, students will work on projects of their own choosing with the confidence of knowing someone is there to guide and support them. Come to the first class with practice or project supplies in hand. **Students will need to purchase their own project supplies.**

ARTTXT01-Spring2026 \$119.00
03/04/2026-04/08/2026 Days:W
6:30PM - 9:00PM Sessions: 6
Keefe Tech, Main Floor, Room 203



CAREER & BUSINESS TOOLS/ SOCIAL MEDIA

Microsoft Excel 1 - Intro - In-Person

Learn to use this popular program effectively in office and home applications. Create and edit worksheets and workbooks. Take home the practical knowledge required to use the program and apply it to real-life situations. **Basic PC skills are required. A hard copy of the class textbook must be purchased in advance of class. Please see the online description for book details. Instructor: Patricia Boyd.**

COMS07-Spring2026 \$169.00
03/25/2026-04/15/2026 Days:W
6:00PM - 9:00PM Sessions: 4
Keefe Tech, Second Floor, Library

LinkedIn: Improve/Develop Your LinkedIn Professional Profile - In Person

Whether you are job hunting, looking for the right contacts or wanting to develop your career prospects, LinkedIn is a great first step. In this class you will learn how to complete your professional page and learn how to optimize your profile and research to take advantage of all that LinkedIn has to offer. **Instructor: Annabelle Lebas.**

BZTOOLS08-Spring2026 \$39.00
05/21/2026-05/21/2026 Days:Th
6:00PM - 8:00PM Sessions: 1
Keefe Tech, Main Floor, Room 207

CAREER & BUSINESS TOOLS/ SOCIAL MEDIA

Intro to Social Media for Business - In Person

Learn to effectively promote your business or organization through social media. If you are looking to tap into social media to promote your business and need some help getting started, this course is for you. **Instructor: Lauren Briggs.**

BZTOOLS4-Spring2026 \$59.00
03/04/2026-03/11/2026 Days:W
6:30PM - 9:00PM Sessions: 2
Keefe Tech, Main Floor, Room 208

Design Your Own WordPress Website with Powerful AI Tools in Just 4 Hours - Virtual Platform/Live Instruction - NEW!

In this beginner-friendly class, we'll explore the connection between traditional website design and AI-powered tools. You'll learn how to create a WordPress website and kick-start your online journey, while discovering how AI enhances the process. No prior WordPress experience or technical knowledge is required—your instructor will provide practical insights tailored for absolute beginners. **A Zoom link will be sent to your email account in advance of class. Instructor: Fan Stanbrough.**

COWEB29-Spring2026 \$69.00
04/08/2026-04/15/2026 Days:W
7:00PM - 9:00PM Sessions: 2
Offsite, Live Virtual Classroom, Online Learning

AI-Powered E-Commerce: Launch and Supercharge Your Online Shop - Virtual Platform/Live Instruction - NEW!

Starting an eCommerce business is easier than you might think! This course is designed for aspiring entrepreneurs and new shop owners eager to build a successful online business. No coding skills necessary! Please view the online course description to see a list of topics that will be covered. **A Zoom link will be sent to your email account in advance of class. Instructor: Fan Stanbrough.**

COWEB30-Spring2026 \$49.00
03/18/2026-03/18/2026 Days:W
7:00PM - 9:00PM Sessions: 1
Offsite, Live Virtual Classroom, Online Learning

How to Promote & Market Your Small Business with AI-power – Virtual Platform/Live Instruction - NEW!

In this 2-hour class, you'll learn not only how to build a website that showcases your business—but also how to use cutting-edge AI tools to promote it more efficiently and creatively than ever before. This is an introductory class—no website or prior experience required. Just bring your curiosity and entrepreneurial spirit! **A Zoom link will be sent to your email account before class begins. Instructor: Fan Stanbrough.**

COWEB31-Spring2026 \$49.00
05/13/2026-05/13/2026 Days:W
7:00PM - 9:00PM Sessions: 1
Offsite, Live Virtual Classroom, Online Learning

Spring 2026

COOKING: BAKING

German Breads - In Person - NEW!

This class will demonstrate how to freshly bake 3 kinds of traditional German breads using different techniques. We will discuss the fundamentals of bread baking. Best of all, you'll get to enjoy your creations- and take some home, too! **Students should bring aprons and wear closed toe shoes. Instructors: Amy and Knut.**

CA200-Spring2026 \$99
05/06/2026-05/06/2026 Days: W
5:00PM-9:00PM Sessions: 1
Keefe Tech, Main Floor, Kitchen

ELECTRONICS

Basic Electronics Course - In Person - NEW!

Learn the fundamental principles of electronics and circuits! In this course, you will develop the ability to explain key concepts, identify electronic components, diagnose and repair circuit faults, interpret circuit diagrams, and assemble simple electronic systems with confidence. The course combines theory with hands-on practice to help you build a strong foundation for continued learning in electronics. **Program materials are included in the cost of tuition. Instructor: Ciro Maneri**

ELECTRO1-Spring2026 \$199.00
04/01/2026-5/27/2026 Days: W
6:00PM-9:00PM Sessions: 8
Keefe Tech, Second Floor, Room 310

ESSENTIAL ADULT EDUCATION COURSES - SELF-PACED

GED Preparation Courses (Online, Self-paced)

Adult Ed: GED Test Prep. Ed2Go - Self-Paced Online Courses - Instructions on How to Register

This program is offered through our training partner Ed2go. GED Preparation classes are available for registration. The registration process is different, however. Please visit this link to view information on classes or to register online: <https://www.ed2go.com/kan/SearchResults.aspx?SearchTerms=ged>. For information on GED© testing in Massachusetts, please visit: <http://www.doe.mass.edu/hse/>.

EVENT PLANNING

You're Engaged! Now What?? - In Person - NEW!

Planning a wedding can be overwhelming, for sure! You'll get a detailed overview of all the "to-do's" required to plan your perfect day with practical tips from an experienced wedding planning pro with over 10 years of experience. If there's a wedding in your future, this session is a must! **Instructor: Patricia Fratto.**

WEDDING01-Spring2026 \$39.00
06/01/2026-06/01/2026 Days:M
6:00PM - 8:30PM Sessions: 1
Keefe Tech, Main Floor, Room 207

Register online at [Keefeatnight.org](https://www.keefeatnight.org) or call us at 508-416-2170 — 5

Attention Employers in the Trades!

Keefe at Night **JOB FAIR**

Offered In Partnership with MassHire & Commonwealth Corporation

Please Join Us

This Spring - Date: TBD

at Keefe Regional Technical School
located at 750 Winter Street,
Framingham, MA

We are excited to connect participants of our Career Technical Initiative (CTI) 200-Hour training programs **with local employers**. We invite you to host a table at our upcoming job fair, connecting directly with talented students in plumbing, electrical, and HVAC programs who are eager to launch their careers.



200-Hour Plumbing Tier 1 Students' Skills & Certifications

- **Skills:** Hands-on training in PVC, gas pipe, and copper pipe. Tools and fitting identification. Basic skills needed to attain Plumbing Apprenticeship.
- **Certificates:** Completion of 110 code hours in Tier 1 and OSHA certification.



200-Hour Electrical Module 1 Students' Skills & Certifications

- **Skills:** Basic understanding of various electrical components; experience with wire lighting circuits and low voltage controls; and practice with the installation of wiring methods and materials.
- **Certificates:** Completion of 75 code hours in Module 1 and OSHA Certification.



200-Hour HVAC - Oil Burner & Gas Technology Students' Skills & Certifications

- **Skills:** Hands-on training with Flaring Tools, soldering, Swage tools, oil lines, copper tubing, basic electrical wiring, multimeter electrical circuits, black iron piping, Gas/Oil Furnaces, and Electronic Combustion Analyzers. Trained on workplace safety, customer service skills, and teamwork.
- **Certificates:** Certificate of Completion and OSHA certification; HVAC - Oil Burner Certification after passing the State Exam.

If you are hiring or plan to recruit employees in the near future, please contact us:

- (508) 416-2170
- continuinged@jpkeefehs.org

FILM / MOVIES

Watching Movies With Others - In Person - NEW!

Keefe at Night is reviving their film series after a hiatus to gather movie fans to experience the magic of films. So, let's do it. Let's pick 6 movies from different eras (classics to modern), different genres (comedy, action, thriller), and some tried-and-true favorites along with others that might be new to us. And let's have a movie night together! We will start with background and context and will end with a discussion and an opportunity to share your thoughts on the film.

CINEMA1-Spring2026 \$199.00
 03/23/2026-05/04/2026 Days: M
 6:00PM-9:00PM Sessions: 6
 Keefe Tech, Main Floor, Room 210

FINANCE / RETIREMENT PLANNING

The A's, B's, C's and D's of Medicare - In Person

If you are interested in learning more about Medicare, we invite you to attend this one-night session. You will learn about Medicare enrollment; medical plan requirements; options, and penalties if you do not enroll in Medicare at the predetermined time. **Instructor: Peter O'Neil.**

FINRE8-Spring2026-Section1 \$29.00
 03/26/2026-03/26/2026 Days:Th
 6:30PM - 8:00PM Sessions: 1
 Keefe Tech, Main Floor, Room 210

FINRE8-Spring2026-Section2 \$29.00
 05/19/2026-05/19/2026 Days:TU
 6:30PM - 8:00PM Sessions: 1
 Keefe Tech, Main Floor, Room 210

Social Security: Your Questions Answered - In-Person

In this class you will learn ways to maximize Social Security benefits for individuals and couples based on age, life expectancy, employment and need. **Instructor: Alex Winkelmann.**

FINRET1-Spring2026 \$39.00
 03/24/2026-03/24/2026 Days:TU
 6:00PM - 7:30PM Sessions: 1
 Keefe Tech, Main Floor, Room 208

Wills, Trusts, and Estate Planning: Protecting What Matters Most - In Person

During the course, students will learn the fundamentals of Estate Planning and the tools required to keep families out of court and conflict. **Instructor: Erica Endyke and Barbie Foisy.**

FINRET3-Spring2026-Sect1 \$29.00
 03/25/2026-03/25/2026 Days:W
 6:00PM - 7:00PM Sessions: 1
 Keefe Tech, Main Floor, Room 204

FINRET3-Spring2026-Sect2 \$29.00
 04/15/2026-04/15/2026 Days:W
 6:00PM - 7:00PM Sessions: 1
 Keefe Tech, Main Floor, Room 204

Spring 2026

FINANCE / RETIREMENT PLANNING

Retirement: Making Your Money Last Seminar - In Person - NEW!

This seminar will focus on strategies to help individuals work towards fulfilling their retirement expectations. Please see the online description for topics that will be covered. **Instructor: Alex Winkelmann.**

FINRET7-Spring2026 \$39.00
 03/31/2026-03/31/2026 Days:TU
 6:00PM - 7:30PM Sessions: 1
 Keefe Tech, Main Floor, Room 204

Transitioning Into Retirement - Beyond Finances - In Person

This course explores areas beyond finances such as: life stages of work and retirement; the importance of short- and long-term goal setting; part-time jobs for retirees; how to rebuild your social network and retirement success stories. This is not a 'Finance' Class - but a blueprint for a happy and fulfilling retirement!

Instructor: Herbert Fuchs.

RETIREPLAN1-Spring2026 \$39.00
 04/28/2026-04/28/2026 Days:TU
 6:00PM - 9:00PM Sessions: 1
 Keefe Tech, Main Floor, Room 208

FITNESS

Dance

East Coast Swing - Couples/Pairs -In Person

Join us in learning single-time and triple-step swing. Most steps and arm movements can also be applied to freestyle dancing. You'll learn the basic rhythm, tucks, underarm turns, and more! We will also work on improving your "lead and follow" dance skills, connection, and musicality. If you have dance shoes, great; if not, any shoe with a low heel that is secure on your foot and slides along the floor will work. **No Class: 4/20. Instructor: Steele Shane.**

FTSWING01-Spring2026 \$195.00 per pair/
 couple
 03/16/2026-05/25/2026 Days:M
 8:00PM - 9:00PM Sessions: 10
 Keefe Tech, Main Floor, Gym

Line Dance: Beginner Level - In Person

Enjoy diverse styles of music, including country, pop, oldies, and more! Line dance is fun and relatively easy – although there is a bit of a learning curve. No experience is necessary! We will start with "absolute beginner" (never-line-danced-before) level dances and slowly increase skill level while keeping all classes beginner-friendly. **No Class: 3/10, 4/21. Instructor: Robin Sparr.**

FTLINE01-Spring2026 \$119.00
 03/03/2026-05/19/2026 Days:TU
 6:15PM - 7:15PM Sessions: 10
 Keefe Tech, Main Floor, Gym

Full course descriptions are
 available at Keefeatnight.org

Register online at Keefeatnight.org or call us at 508-416-2170 — 7

FITNESS

Line Dance: Improver Level - In Person

This class is for individuals with some previous dance experience, including previous beginner-level students who feel they have mastered the dances learned last semester. It will help if you are familiar with basic line dance steps such as vine, rocking chair, V-step, K-step, shuffle, lock step, rock-recover, jazz box, rumba box, Lindy step (chasse-rock-recover). The level of dances taught will include high beginner, improver, and low-intermediate. **Note:** Dancers with some experience are welcome to register for both classes. **No Class: 3/10, 4/21. Instructor: Robin Sparr.**

FTLINE02-Spring2026 \$119.00
03/03/2026-05/19/2026 Days:Tu
7:30PM - 8:30PM Sessions: 10
Keefe Tech, Main Floor, Gym

Exercise Classes

Gentle Stretch With Jo-Ellen McCarrick - All Levels - In Person

Suitable for all levels. This class will help to improve flexibility, alleviate back pain, reduce muscle tension, promote relaxation and relieve stress. **Participants should bring a mat or towel and water. No Class: 3/31, 4/7, 4/21. Instructor: Jo-Ellen McCarrick.**

FITNESSGS2-Spring2026 \$119.00
03/17/2026-06/09/2026 Days:Tu
7:15PM - 8:15PM Sessions: 10
Keefe Tech, Main Floor, Stage in Auditorium

Quick Fit Circuit Training with JoEllen McCarrick- All Levels - In Person

Rev up your fitness workout with circuit training. First, we will warm-up and get moving, and then we will rotate through various stations that alternate fitness activities. Each station will vary activities for a set duration and will target muscle strength, cardio, balance, and agility for a well-rounded workout. Bring hand-held weights suitable for your ability, a mat for floor work, and water. **No Class: 3/31, 4/7, 4/21. Instructor: Jo-Ellen McCarrick.**

FITNESSQF3-Spring2026 \$119.00
03/17/2026-06/09/2026 Days:Tu
6:00PM - 7:00PM Sessions: 10
Keefe Tech, Main Floor, Stage in Auditorium

Chair Yoga - In Person

Chair yoga is a rewarding practice for all! It is especially helpful if you are working with physical limitations or if you want a practice you can use at your desk. We practice asanas or poses, breath work, relaxation and meditation. Various levels of practice and modifications are offered as per your current capacity. No experience needed. **No Class: 3/30, 4/6, 4/20. Instructor: Shubhada Wavikar.**

FITNESSCY-Spring2026 \$99.00
03/16/2026-05/25/2026 Days:M
6:00PM - 7:00PM Sessions: 8
Keefe Tech, Main Floor, Yoga Room

Yogalates with Karen Fishman - In-Person

Join Karen for her signature 30/30 class, great for all levels! This popular class will help you build strength, improve posture, and tone your whole body. **Bring a yoga mat, blocks (if needed), a yoga strap or towel and water. Class size is limited. Section 1: No Class: 3/19, 4/9, 4/23. Instructor: Karen Fishman.**

YOGALATES-Spring2026 \$99.00
03/05/2026-04/30/2026 Days:Th
6:30PM - 7:30PM Sessions: 6
Keefe Tech, Second Floor, Room 320

YOGALATES-Spring2026 \$99.00
05/14/2026-06/18/2026 Days:Th
6:30PM - 7:30PM Sessions: 6
Keefe Tech, Second Floor, Room 320

Water Exercise Classes at Longfellow Health Club, Natick

Note for New Participants: Please show up to the first class 20 minutes early so the instructor can go over some basic instruction with you before the class begins.

Hydropower - at Longfellow Health Club in Natick

This is a total-body, deep-water workout. It includes a strong cardiovascular segment (modified for all levels of ability).

FITWATER4-Spring2026 \$169.00
03/02/2026-05/18/2026 Days:M
7:05PM - 8:05PM Sessions: 12
Longfellow Health Club, 203 Oak Street - Natick

Move To The Music - at Longfellow Health Club in Natick

Enjoy the coordination of exercises done to specific songs! It's a fun and effective class!!

FITWATER8-Spring2026 \$169.00
03/04/2026-05/20/2026 Days:W
7:05PM - 8:05PM Sessions: 12
Offsite, Longfellow Health Club, 203 Oak Street - Natick

Cardio, Core Technique at Longfellow Health Club in Natick

A dynamic deep-water class focusing on building a stronger core by strengthening back and abdominal muscles.

FITWATER9-Spring2026 \$169.00
03/05/2026-05/21/2026 Days:Th
5:20PM-6:20PM Sessions: 12
Offsite, Longfellow Health Club, 203 Oak Street - Natick

HEALTH AND WELLNESS WITH JOSEPH FOLEY

Qi Gong For Immune Health - In Person

The goal of Qi Gong exercises is to harmonize the body and mind through deep breathing, whole body movement, and stretching.

QIGONG2-Spring2026 \$39.00
05/13/2026-05/13/2026 Days:W
7:00PM - 9:00PM Sessions: 1
Keefe Tech, Main Floor, Room 217

HEALTH AND WELLNESS WITH JOSEPH FOLEY

Qi Gong for Arthritis - In Person

This therapeutic form of Qi Gong incorporates whole body movement, stretching, and correct breathing to help you improve your energy and health. It is useful for people of all ages, especially senior citizens.

QIGONG3-Spring2026 \$39.00
04/15/2026-04/15/2026 Days:W
7:00PM - 9:00PM Sessions: 1
Keefe Tech, Main Floor, Room 217

Qi Gong - Self Healing - In Person

This class will focus on Eight Brocade Qi Gong, a group of eight exercises whose origin can be traced back in China over two thousand years. The eight movements are designed to tune up all organ systems, to build a healthier body, and to help prevent disease.

QIGONG1-Spring2026 \$39.00
03/18/2026-03/18/2026 Days:W
7:00PM - 9:00PM Sessions: 1
Keefe Tech, Main Floor, Room 217

General information can be found on page 21.

HOME & GARDEN WITH JONATHAN STEIN

Basic Home Gardening - In Person

Learn the basics of gardening, the difference between annuals, perennials and biennials. We will take the mystery out of the numbers on fertilizer products, and learn how to use the fertilizers properly. Gain confidence in your ability to prune your shrubs and perennials. Bring your gardening questions to class so we can solve all your gardening problems. This class is taught in lecture format.

HGLS14-Spring2026 \$59.00
03/24/2026-03/31/2026 Days:Tu
6:00PM - 8:30PM Sessions: 2
Keefe Tech, Main Floor, Room 206

Container Gardening - In Person

In this course you will learn how to garden successfully in containers. We will discuss what can be grown in containers, proper soil mixes to use, choice of containers, fertilization, and how to water properly. Ideas for vertical gardens and elevated garden containers will also be explored, as well as design ideas for container flowers. Basic elements of gardening will also be discussed.

HGLS11-Spring2026 \$39.00
04/14/2026-04/14/2026 Days:Tu
6:00PM - 8:00PM Sessions: 1
Keefe Tech, Main Floor, Room 206

Keefe at Night

Career Training
through Ed2Go
Self-paced Online Learning



Online Career Training Programs

Online programs can start you on a path to an in-demand profession or help advance your current career with industry certification. You begin these programs at any time and learn at your own pace. Upon successful completion of all coursework, you will receive a certificate of completion.

Online Course Bundles

These bundles allow you to take multiple courses at a discounted price while gaining an in-depth understanding of the subject area. Our online courses are informative, fun, convenient, and highly interactive. We offer new course sessions monthly. Visit our website to view start dates for the courses that interest you.

Visit our website for program details and to enroll:
careertraining.ed2go.com/kan

Visit our website for program details and to enroll:
ed2go.com/kan



Tuition-Free / Zero Cost

Workforce Skills Cabinet
Career Technical Initiative

200-Hour Electrical Program

Classes Start in September 2026.

The application process will open in June 2026.

About the Program Grant

Grant funding for this course is administered by the Commonwealth Corporation on behalf of the Massachusetts Workforce Skills Cabinet. Keefe Regional Technical High School administers this program, in partnership with the MassHire Metro South/West Career Center.

Course Content

Launch your career as a Journeyman Electrician. This 200-Hour program includes the required 75 hours of code and theory studies for Module 1 as part of the Massachusetts Journeyman Electrician Module program. It also includes OSHA Certification, hands-on practice, and essential career development and employability skills training.

How to Apply for This Competitive Grant Program

Please visit our website at Keefeatnight.org and click on the CTI Tuition-Free programs tab, which appears on the top menu of the main page. Read the "Eligibility" section of that page to determine if you pre-qualify for the program. If you meet the requirements, you can fill out the preliminary application - found on the same page. Following your application submission, we will contact you to discuss next steps.

Credentials Earned

- 10-Hour OSHA Certification
- Completion of Module 1 of the Massachusetts 8-Module Journeyman Electrical Code Program, for a total of 75 code hours.

Learn More & Submit Your Application Today

Scan the QR code included below to learn more and submit your preliminary application.

If you have any questions, please call us at 508-416-2170.

Please Note: **You can only apply for one program.**





Tuition-Free/Zero-Cost

Workforce Skills Cabinet
Career Technical Initiative

200-Hour HVAC - Oil & Gas Burner Technology

Classes Start in September 2026.
The application process will open in June 2026.

About the Program Grant

Grant funding for this course is administered by the Commonwealth Corporation on behalf of the Massachusetts Workforce Skills Cabinet. Keefe Regional Technical High School administers this program in partnership with the MassHire Metro South/West Career Center.

Course Content

This 200-hour program will prepare students to sit for the Massachusetts Oil Burner Technician Certification exam. Students will learn the basics of residential heating gas & oil burner technology, service, repair, installation and maintenance. The program also includes OSHA Certification, hands-on practice, and essential career development and employability skills training.

How to Apply for This Competitive Grant Program

Please visit our website at Keefeatnight.org and click on the CTI Tuition-Free programs tab, which appears on the top menu of the main page. Read the "Eligibility" section of that page to determine if you pre-qualify for the program. If you meet the requirements, you can fill out the preliminary application - found on the same page. Following your application submission, we will contact you to discuss next steps.

Credentials Earned

- 10-Hour OSHA Certification
- Preparation to sit for the Massachusetts Oil Burner Certification Exam.

Learn More

Scan the QR code included below to learn more about the program and submit your preliminary application.

If you have any questions, please call us at 508-416-2170.

Please Note: **You can only apply for one program.**





Tuition-Free/Zero Cost

Workforce Skills Cabinet
Career Technical Initiative

200-Hour Plumbing Program

Classes Start in September 2026.
The application process will open in June 2026.

About the Program Grant

Grant funding for this course is administered by the Commonwealth Corporation on behalf of the Massachusetts Workforce Skills Cabinet. Keefe Regional Technical High School administers this program, in partnership with the MassHire Metro South/West Career Center.

Course Content

Launch your career as a Journeyman Plumber. This 200-Hour program will include the required 110 hours of code and theory studies for Tier 1 as part of the Massachusetts 5-tier program. It also includes OSHA Certification, hands-on practice, and essential career development and employability skills training.

How to Apply for This Competitive Grant Program

Please visit our website at Keefeatnight.org and click on the CTI Tuition-Free programs tab, which appears on the top menu of the main page. Read the "Eligibility" section of that page to determine if you pre-qualify for the program. If you meet the requirements, you can fill out the preliminary application - found on the same page. Following your application submission, we will contact you to discuss next steps.

Credentials Earned

- 10-Hour OSHA Certification
- Completion of Tier 1 of the Massachusetts 5-Tier Plumbing Code Program, for a total of 110 code hours.

Learn More

Scan the QR code included below to learn more about the program and submit your preliminary application.

If you have any questions, please call us at 508-416-2170.

Please Note: **You can only apply for one program.**



English Language Course - Levels/Niveles 1, 2 & 3 - In Person

Welcome/Bienvenidos/Bemvindos/Benvenuti/Bienvenue!

We offer 3 levels of English Language study: Beginner, Advanced Beginner, Intermediate and Advanced. If you have never taken English language classes and consider yourself a beginner - you will be placed in Level 1 and do not need to take a placement test. If you attended a class at Keefe at Night recently, you will move on to the next level.

The total cost for the class is \$299 for each level and includes two books.

Cursos de Inglês: Ofrecemos 3 níveis de aprendizagem: Principiantes, Principiantes Avanzados, Curso Intermedio y Curso Avanzado. Si nunca ha tomado cursos de inglés y se considera principiante, entrará al primer nivel. No necesita tomar una prueba. Si tomó clases en Keefe at Night recientemente, pasará al siguiente nivel.

El costo total de la clase por cada nivel es \$299 e incluye 2 libros.

Aulas de Inglês: Oferecemos 3 níveis de estudo: Iniciante, Iniciante Avançado, Intermediário e Avançado. Se você nunca fez aulas de inglês e se considera um iniciante, você será colocado no Nível 1. Você não precisa fazer a prova. Se você assistiu a uma aula no Keefe at Night recentemente, você passará para o próximo nível.

O custo total da aula é: \$299 para cada nível. Dois livros estão incluídos no custo do curso.

No Class/No hay Clases/Aulas: 3/19, 4/9, 4/21, 4/23, 5/7.

Instructors: Nevin Aziz, Marylee Mullin, Valerie Rector & Vicki Kravitz

ABESLLEVEL1-3-Spring2026	\$299.00
03/17/2026 - 06/16/2026	Days:Tu,Th
6:00PM - 9:00PM	Sessions: 22

International Languages Brazilian Portuguese with Eliane Vaz Louison

Brazilian Portuguese I - Beginner - In Person

In this course students will learn basic grammatical structures, and practice everyday language in situational contexts like greetings, shopping, dining out, giving directions, and traveling in Brazil. This course is recommended for individuals who plan to travel to Brazil or interact with Brazilian co-workers, clients, friends or family. Materials are included in the cost of tuition. **No Class: 4/20.**

LAPORTUGUESE1-Spring2026	\$209.00
03/16/2026-06/08/2026	Days:M
6:00PM - 8:30PM	Sessions: 11
Keefe Tech, Main Floor, Room 205	

Spring 2026

French with Annabelle Lebas

French - Beginner - In Person

The main goal of this course is to help you build and correctly pronounce simple sentences by the end of the 8 sessions. This interactive program provides you with the essential tools to effectively improve your written and spoken French.

Please view the online description for information on the book that you will need to purchase in advance of class. No Class: 4/13, 4/20.

LAFRENCH01-Spring2026	\$129.00
03/16/2026-05/18/2026	Days:M
6:00PM - 8:00PM	Sessions: 8
Keefe Tech, Main Floor, Room 202	

French - Intermediate - In Person

This course is ideal for students who already have a basic foundation in French and are ready to build greater confidence in using the language. Over the 8 sessions, you will strengthen your listening and speaking skills through a mix of structured practice and real-life scenarios. **Please view the online description for information on the book that you will need to purchase in advance of class. No Class: 4/14, 4/21.**

FRENCH03-Spring2026	\$129.00
03/17/2026-05/19/2026	Days:TU
6:00PM - 8:00PM	Sessions: 8
Keefe Tech, Main Floor, Room 202	

Conversational French - In Person

Parlez-vous français? Absolument! **This course is for individuals with an Advanced Level of proficiency in French.** Students are encouraged to come to class with a list of topics they would like to discuss (in French) during class. This approach will help students feel more confident about their conversation and debate skills. **No Class: 4/15, 4/22, 5/20.**

Instructor: Annabelle Lebas.

LAFRENCH04-Spring2026	\$129.00
03/18/2026-05/27/2026	Days:W
6:00PM - 8:00PM	Sessions: 8
Keefe Tech, Main Floor, Room 202	

Tourists' Guide to Paris and France - In Person

Join Anabelle Lebas on a fun and informative "tour" of France and its culture. In this class you will learn basic survival French vocabulary, necessary for travelers who do not speak French. She will also touch upon France's 13 regions.

LAFRENCHTOURIST-Spring2026	\$49.00
05/28/2026-06/04/2026	Days:Th
6:00PM - 8:00PM	Sessions: 2
Keefe Tech, Main Floor, Room 209	

Scheduled Cancellation Dates:

3/10, 3/19, 4/9, 4/20-4/25, 5/7, 5/20 and 5/25

LANGUAGE ARTS

Italian with Massimo Laurora

Italian - Beginner I - In Person

If you will be traveling to Italy for business or pleasure or just enjoy the language and want to understand some delightful phrases, please join us in learning and experiencing this expressive language and the rich culture of Italy. Participation and continuous interaction are a must. Please join us to have some fun! **No Class: 3/10, 4/21. Please view the online description for information on the book that you will need to purchase in advance of class..**

ITALIAN01-Spring2026 \$169.00
03/17/2026-06/09/2026 Days:Tu
6:00PM - 8:00PM Sessions: 10
Keefe Tech, Second Floor, Room 311

Italian - Beginner II - In Person - NEW!

Our adventure in Italian continues! Using a highly interactive approach, you'll further develop your knowledge and confidence in speaking Italian through readings and conversations. In-class participation is a must! **No Class: 4/22. Please view the online description for information on the book that you will need to purchase in advance of class.**

ITALIAN02-Spring2026 \$169.00
03/18/2026-06/10/2026 Days: W
06:00PM-08:00PM Sessions: 10
Keefe Tech, Second Floor, Room 311

Spanish with Marylee Mullin

Basic Spanish Conversation - In Person

Whether it has been a few months or many years since you studied Spanish, you can have satisfying and fun basic conversations in Spanish using TPRS (Teaching Proficiency through Reading and Storytelling) and Comprehensible Input. This approach focuses on meaningful language exposure and active engagement through storytelling and reading. **Please view the online description for information on the book you will need to purchase in advance of class. No Class: 4/22.**

LASPO5-Spring2026 \$169.00
03/11/2026-05/20/2026 Days:W
6:00PM - 8:00PM Sessions: 10
Keefe Tech, Main Floor, Room 219



MEDICAL AND ALLIED HEALTH CERTIFICATION TRAINING

Clinical Medical Assistant Certification

Clinical Medical Assistant Certification Training - In Person
This certification program includes 140 hours of classroom lectures and hands-on labs. The course also includes a 160-hour clinical externship opportunity. The clinical externship provides students with an opportunity to perform hands-on work with actual patients at a local medical facility. Many employers require hands-on clinical experience as part of their hiring process. **Books and materials are included in the cost of tuition.**

In this course students will train on how to assist physicians by performing functions related to the clinical responsibilities of a medical office. The class meets on Tuesdays and Thursdays and on 7 Saturdays. A full schedule is posted online.

National Certification: The program meets all of the necessary requirements to sit for the National Healthcareer Association, NHA, Clinical Medical Assistant (CCMA) Exam. An in-person testing session will be arranged.

Requirements to sit for the exam: Successful completion of the CCMA program and a High School Diploma or Equivalency. **Students will be responsible for paying the \$165 testing fee.**

Clinical Externship: To be eligible for the externship, students must successfully complete the 140-hour classroom program, submit to a thorough background check, drug screening and meet other requirements. Please note that students must meet the healthcare provider's requirements and safety mandates.

Payment Plan: Students paying tuition in full at time of registration will receive a 10% discount. Students on the payment plan will be required to pay 50% of the full tuition at registration and the remaining 50% one month into the 140-hour classroom program. **No Class: 3/19, 4/9, 4/21, 4/23, 5/7. Instructor: Nicole Williams, CCI.**

MEDCMA1-Spring2026 \$2749.00
03/12/2026-06/25/2026 Days:Tu,Th,Sa
Tu, Th: 6:00PM - 9:30PM Sessions: 34
Sa: 9:00AM - 4:30PM
Keefe Tech, Second Floor, Room 323

 **Visit Our Website**
Full course descriptions can be found online at Keefeatnight.org.

MEDICAL AND ALLIED HEALTH CERTIFICATION TRAINING

Phlebotomy Technician Certification Training - In Person

This certification program includes 90 hours of classroom lecture, hands-on labs, and a clinical externship of up to 120 hours. The clinical externship provides students with an opportunity to perform hands-on work with actual patients at a local medical facility. Many employers require hands-on clinical experience as part of their hiring process. **Books and materials are included in the cost of tuition.**

The class meets on Mondays and Wednesdays and on 4 Saturdays. The program prepares professionals to collect blood specimens from clients for the purpose of laboratory analysis. Students will become familiar with all aspects related to blood collection and develop comprehensive skills to perform venipunctures completely and safely. Classroom and lab work includes terminology, anatomy and physiology; blood collection procedures; specimen hands-on practice; and training in skills and techniques to perform puncture methods.

National Certification: This program meets all of the necessary requirements to sit for the National Healthcareer Association Phlebotomy Technician (CPT) Exam. An in-person testing session will be arranged.

Requirements to sit for the exam: Successful completion of the CPT program and a High School Diploma or Equivalency. **Students will be responsible for paying the \$129 testing fee.**

Clinical Externship: This program includes an externship of up to 120 hours. To be eligible for the clinical externship, students must successfully complete the 90-hour classroom program, submit to a thorough background check, drug screening and meet other requirements. Please note that students must meet the healthcare provider's requirements and safety mandates.

Payment Plan: Students paying tuition in full at time of registration will receive a 10% discount. Students on the payment plan will be required to pay 50% of the full tuition at registration and the remaining 50% one month into the 90-hour classroom program. **No Class: 4/20, 4/22, 5/20, 5/25.**
Instructor: Lucy Fonseca, CCI.

MEPHLEBT1-Spring2026	\$1979.00
03/16/2026-06/08/2026	Days:M,W,Sa
M, W: 6:00PM - 9:30PM	Sessions: 24
Sa: 9:00AM - 3:00PM	

Keefe Tech, Second Floor, Media Room by Library

Emergency Medical Technician, EMT Certification Training Program - Hybrid Format

EMT basics are the foundation of pre-hospital emergency medical care. In this course you will learn how to conduct an initial evaluation, treat and transport patients with medical problems as well as those with injuries from accidents (trauma). This program exceeds the National and State Standard Curriculum for EMTs. The course includes AHA Healthcare Provider CPR. Upon successful completion of this 160-hour course, students will be eligible to take the practical and written certification exams to become certified nationally and in the Commonwealth of Massachusetts.

Prerequisites: Students must be able to lift 125 lbs; and have strong verbal and communication skills.

Class Format: The class will meet for orientation at Keefe Tech on Wednesday, March 18 from 6pm-8pm. This is a hybrid course, which consists of online self-paced, and in person hands-on classes. You will receive your login credentials for the online portion of the course in advance of class. A good portion of the class is online/self-paced. This portion requires you to complete weekly assignments on your own, which will cover the didactic portion of the course. The hands-on portion of the class will take place in person at Keefe Tech on Saturdays from 9:00 a.m.-1:00 pm. During the in-person classes, the class will cover the psychomotor, or hands-on portion of the course. Please view the online description for a full schedule of classes and information on materials that you will need to purchase. **Instructor: Metro-West EMS Educators Staff.**

MEDEMT1-Spring2026	\$1199.00
03/18/2026 Orientation; 6:00 - 8:00PM	
03/18/2026-06/06/2026;	Days: S
9:00AM - 1:00PM	Sessions: 12

Keefe Tech, Second Floor, Room 320

Heartsaver® CPR AED Training - In Person - New!

The Heartsaver CPR AED course trains participants to give CPR, and use an automated external defibrillator (AED) in a safe, timely, and effective manner. The AHA Heartsaver CPR AED Course is designed for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet job, regulatory, or other requirements. After successful completion of the program, we will submit all of the necessary paperwork for your certificate.

MEDCPR-Fall2025	\$99.00
04/6/26-04/06/26	Days: M
6:00PM - 9:00PM	Sessions: 1

Keefe Tech, Second Floor, Room 323

PERSONAL ENRICHMENT

Mindfulness In the Modern World - In Person

This class highlights small changes everyone can make in their lives, resulting in positive and long-term impacts. **Instructor: Weronika Zawora.**

HEALTHW18-Spring2026	\$39.00
04/16/2026-04/16/2026	Days:Th
6:00PM - 9:00PM	Sessions: 1

Keefe Tech, Main Floor, Room 208

Inclement Weather Class Cancellations -



Information will be posted on our website and our Facebook page. You can also call 508-416-2170 for a recorded message.

Careers in Medical and Allied Health



Clinical Medical Assistant Certification Training

This program includes 140 classroom hours and 160 hours* of hands-on clinical training. Students successfully completing this program are eligible to sit for the Healthcareer Association Clinical Medical Assistant Certification Exam.

*The 160-hour externship begins shortly after successful completion of the program.

MEDCMA1-Spring2026 \$2749.00 Days:
03/12/2026 - 06/25/2026 Tu,Th,Sa
Tu, Th: 6:00PM - 9:30PM Sessions: 33
Sa: 9:00AM - 4:30PM (7 Saturdays)

Phlebotomy Technician Certification Training

This program includes 90 classroom hours and up to 120 hours* of hands-on clinical training. Students successfully completing the program are eligible to sit for the Healthcareer Association Phlebotomy Technician Certification Exam.

*The externship begins shortly after successful completion of the program.

MEPHLEBT1-Spring2026 \$1979.00
03/16/2026 - 06/08/2026 Days: M,W,Sa
M, W: 6:00PM - 9:30PM Sessions: 24
Sa: 9:00AM - 3:00PM (3 Saturdays)

Emergency Medical Technician Certification Training

This hybrid class is taught by Metro-West EMS Educators, which is accredited by the Massachusetts Office of Emergency Services. Upon successful completion of this 160-hour course, students will be able to take the practical and written certification exams to become certified in the Commonwealth of Massachusetts and nationally. This course includes AHA Healthcare Provider CPR.

MEDEMT1-Spring2026 \$1199.00
03/18/2026 Orientation; 6:00 - 8:00PM Days: W
03/20/2026 - 06/06/2026 Days: S
9:00AM - 1:00PM Sessions: 12

Become Certified in Less Than 4 months!

Programs:

- Clinical Medical Assistant Certification Training
- Phlebotomy Technician Certification Training
- Emergency Medical Technician, EMT Certification Training Program - Hybrid Format

Program Certifications:

Clinical Medical Assistant and Phlebotomy Technician students successfully completing their program are eligible to sit for the National Healthcareers exam.

EMT students successfully completing the EMT program are eligible to become certified nationally and in the Commonwealth of Massachusetts.

PET CARE

Connecting With Your Cat - In Person

In this class, students will discuss cat safety - do's and don'ts, and observations of which you should be aware. Students will also learn about socialization, the meaning of certain behavior. The aim of this class is to help create a stronger bond between you and your cat. **Instructor: Annabelle Lebas.**

HEALTHPETS5-Spring2026 \$49.00
05/26/2026-05/26/2026 Days:Tu
5:30PM-8:30PM Sessions: 1
Keefe Tech, Main Floor, Room 210

REAL ESTATE COURSES WITH FAINA SHAPIRO

Home Buying Workshop - Virtual Platform/Live Instruction

Spend an evening learning essential information, strategies and tips that can help to save money and avoid expensive mistakes in the home buying process. **A Zoom link will be sent to your email account in advance of class.**

FINRE4-Spring2026 \$49.00
03/25/2026-03/25/2026 Days:W
6:30PM - 9:00PM Sessions: 1
Offsite, Live Virtual Classroom, Online Learning

How to Sell Your Home Workshop - Virtual Platform/Live Instruction

Learn how to hire the right agent and what you need to know if you plan on selling without an agent. The class will also cover what's necessary to fix before listing and what isn't, what buyers want, and what costs are associated with selling. **A Zoom link will be sent to your email account in advance of class.**

FINRE6-Spring2026-Section2 \$49.00
03/05/2026-03/05/2026 Days:Th
6:30PM - 9:00PM Sessions: 1
Offsite, Live Virtual Classroom, Online Learning

Real Estate Investing Workshop - Virtual Platform/Live Instruction

Along with learning how to buy an income-generating rental property in this competitive market, we will discuss Massachusetts laws that every landlord needs to know to protect themselves. **A Zoom link will be sent to your email account in advance of class.**

FINRE7-Spring2026 \$49.00
04/29/2026-04/29/2026 Days:W
6:30PM - 9:00PM Sessions: 1
Offsite, Live Virtual Classroom, Online Learning

Full course descriptions are
available at Keefeatnight.org

Spring 2026

REIKI CERTIFICATION WITH ASHLEY OLSTEIN

Usui/Holy Fire Reiki, Level 1 Certification - In Person

In this class you will gain a general understanding of the concept of chakras, auras and Reiki energy using scanning and traditional hand positions. This class is for beginners, or anyone interested in learning more about energy healing. Certification will be presented at completion of course. **Please view the online description for information on the book you will need to purchase in advance of class.**

REIK1-Spring2026 \$99.00
03/18/2026-03/25/2026 Days:W
5:30PM - 8:30PM Sessions: 2
Keefe Tech, Second Floor, Room 314

Usui/Holy Fire Reiki, Level 2 Certification - In Person

In this class you will learn full treatment techniques including advanced body scanning and meditations. Gain a deeper understanding of: Using Reiki healing to help clear negative energies and emotions from people, distant healing, helping to heal trauma and unwanted habits. Certification will be presented after completion of the class. **Prerequisite:** Successful completion of the Usui/Holy Fire Reiki Level 1 Certification course. **Please view the online description for information on the required textbook.**

CAREER2-Spring2026 \$99.00
04/08/2026-04/15/2026 Days:W
5:30PM - 8:30PM Sessions: 2
Keefe Tech, Second Floor, Room 314



SERVSAFE CERTIFICATION

ServSafe Manager Training/Certification Testing - In Person

This National Restaurant Association food and beverage safety training course is appropriate for food-service management staff working in health care, schools, restaurants and all food service establishments. Your paper-based certification exam will be conducted in the last hour of the program. **Please view the online description for information regarding the suggested book for this class. Instructor: Lynn Petrowski.**

SSCERT01-Spring2026-Section1 \$179.00
03/24/2026-03/25/2026 Days:TU,W
4:00PM - 7:30PM Sessions: 2
Keefe Tech, Main Floor, Room 209

SSCERT01-Spring2026-Section2 \$179.00
05/12/2026-05/13/2026 Days:TU,W
4:00PM - 7:30PM Sessions: 2
Keefe Tech, Main Floor, Room 208

Register online at Keefeatnight.org or call us at 508-416-2170 — 17

SPORTS

Pickleball Classes at Longfellow Club in Wayland: These courses are offered in partnership with the Longfellow Club in Wayland. Classes will take place at the Longfellow Pickleball Center, which is located directly across the street from the Health and Tennis Club: Longfellow Pickleball Center | 522A Boston Post Road, Wayland, MA 01708. Paddles are not required, as there are demo paddles at the club, but highly recommended if you play a lot.

These classes are limited to 8 participants. Sign up today to secure your spot.

Pickleball: Beginner Level - At the Longfellow Club in Wayland

This program is for players with little to no playing experience, looking to learn the basics of the game. In this session, we will teach you the essential shots and skills, focusing on form and getting players many repetitions. We will also address basic strategy, and introduce you to gameplay as we go along. **Instructor: Staff, Longfellow Pickleball Center.**

PICKLEBALL1-Spring2026	\$229.00
03/15/2026 - 05/17/2026	Days:Su
05:00PM - 06:30PM	Sessions: 10
Offsite, Pickleball Center at Longfellow, Across from Club	

Pickleball: Advanced Beginner/Intermediate Level - At the Longfellow Club in Wayland

This program is for players with moderate playing experience, or higher-level racket sport players (tennis, squash etc.) looking to improve their skills. In this session, we will continue to focus on those essential skills learned in the beginner class, with more focus on accuracy and placement. We will also dive a little deeper into the strategy of the game, helping you further improve your play. **Instructor: Staff, Longfellow Pickleball Center..**

PICKLEBALL2-Spring2026	\$229.00
03/15/2025 - 05/17/2025	Days:Su
03:30PM - 05:00PM	Sessions: 10
Offsite, Pickleball Center at Longfellow, Across from Club	



TRADES - LICENSE EXAM PREPARATION

Trades - Construction

Construction Supervisor Unrestricted License Exam Preparation - In Person

This class will help you prepare for your Massachusetts Construction Supervisors unrestricted license exam. The course requires students to devote a significant amount of time familiarizing themselves with the building code materials and methods of preparation for the exam. Through this learning method, students will be able to retain the process of the system in order to find the answers to the test questions that will be presented. In addition to class time, students will be expected to work on practice exams and to read 6-8 hours per week. All Textbooks and Study Materials (\$500 value) are included in the cost of tuition. **Prerequisite to take the State Exam:** Three years of documentable construction experience. **Instructor: Mass Nail It Staff.**

CONSTRUCTLIC-Spring2026	\$959.00
04/15/2026-05/20/2026	Days:W
6:00PM - 8:00PM	Sessions: 6
Keefe Tech, Main Floor, Room 201	

Hoisting 2A and 1C Exam Preparation/Continuing Ed. Credit - In Person - NEW!

This course counts towards Massachusetts Continuing Education credit. This class will prepare you to take the Massachusetts Hoisting License exam. We will go over the exam application process and will review the requirements for the D.O.T. health certificate, which qualifies you to take the exam. Topics covered include: General Laws 520 CMR, Dig Safe Law, OSHA, Jackie's Law, Hand Signals, Trenching, Shoring and Basic Hydraulics.

TP100-Spring2026	\$179.00
03/25/2026-04/01/2026	Days: W
5:00PM-8:00PM	Sessions: 2
Keefe Tech, Main Floor, Room 201	

Trades - Electrical

Electrical Journeyman, Module 1 - 200 Hours - Starts in January 2026

This course is only available to students who qualify for grant funding. Please view the full ad on page 10 for details.

Electrical Code - Journeyman, Module 2 - In Person

This class started in January 2026. Registration has closed. In Module 2 topics will include Electrical Bonding and Grounding, Low Voltage Systems and Controls, Fire Warning and Security Systems as well as Design and Testing (NFPA 72). This class meets the requirements set forth by the Massachusetts State Board of Electrical Examiners as a part of the 600-hour requirement to sit for the Journeyman's Exam. **Important:** All students must have the current edition of the NEC in class. Other books on the reading list are optional. All classes start promptly on time in order to ensure state policy compliance.

TRADES - LICENSE EXAM PREPARATION

Electrical Code Journeyman, Module 3 - In Person

Starts on March 3. This program is for everyone continuing their studies in the Electrical Code Journeyman Module program. It is open to all seeking licensure in Massachusetts. The curriculum includes: National Electrical Code application of DC Theory, Massachusetts Electrical Code and Amendments (527 CMR 12.00) and Wiring Methods. Students must complete assigned exams to receive certified hours, as required. **Important:** Students must have the current edition of the NEC in class, and must complete assigned exams to receive certified hours, as required. **No Class: 3/10, 3/19, 4/7, 4/9, 4/23, 5/5, 5/21, 6/2.** **Instructor: Ben Hall.**

ELECTRICMOD3-Spring2026	\$559.00
03/03/2026-06/11/2026	Days:Tu,Th
5:00PM - 9:00PM	Sessions: 20
Keefe Tech, Main Floor, Room 226	

Trades - HVAC - Oil and Gas Burner Technology

HVAC - Oil and Gas Burner Technology - 200 Hours - Starts in September 2026

This course is available to students who qualify for grant funding. Please view the full ad on page 11 for details on the tuition-free program.

Trades - Plumbing

Plumbing Journeyman, Tier 1 - 200 Hours - Starts in September 2026

This course is only available to students who qualify for grant funding. Please view the full ad on page 12 for details on the tuition-free program.

Plumbing Code and Theory - Tier 2 - In Person

This class started in January 2026. Registration has closed.

Plumbing Code and Theory - Tier 3 - In Person - Second Semester

This course started on March 3, 2026, Registration has closed.

Plumbing Code and Theory -Tier 4 - In Person - Second Semester

This class started in January 2026. Registration has closed. In order to enroll in Tier 4, you must have successfully completed the required 110 code hours in Tiers 1, 2 and 3.

Plumbing Code and Theory Tier 5 - In Person -Second Semester

This class started in January 2026. Registration has closed. In order to enroll in Tier 5, you must have successfully completed the required 110 code hours in Tiers 1, 2, 3 and 4.

General information can be found on page 21.

TRAVEL

New York Bus Trip / Broadway - April 18, 2026

Our New York - Broadway trip includes round-trip transportation via modern, Wi-Fi equipped motor coach, complimentary city map, Broadway Show Guide, Dining Guide, and the assistance of our expert trip guide, Doug Sanders. **It does not include tickets to Broadway shows.**

We will leave Keefe at 7:30 a.m. sharp and travel to the Big Apple. Once in Times Square, we will head to the TKTS Booth to purchase available tickets for matinee performances at half the list price on the day of the show! (Or purchase your tickets in advance to secure seats.) Once you have purchased tickets, there is time to sightsee, have lunch, or shop until the 2:00 p.m. performances. Depart NYC at 7:00 p.m. for your return trip, arriving back at Keefe Tech before 11:00 pm. Registrations for the trip are transferable, but not refundable. Credit vouchers are also not available on trips. **Parking at Keefe:** Please park on the west side of campus, located at the Winter Street entrance, closest to the gym. Look for the Bloom Charter bus. **Trip leader: Doug Sanders.**

TRIPSNY01-Spring2026	\$109.00
04/18/2026-04/18/2026	Days:Sa
7:30AM - 11:00PM	Sessions: 1
Keefe Tech, Offsite, BUS TRIP	



WELDING

Basic Welding2A

This course is for individuals who have little or no knowledge of welding. It includes lectures as well as hands-on activities. All safety equipment and materials and supplies will be provided for your use. Your project must be small enough to be able to carry it in and out of the building on the night of class as there is no storage available at Keefe. **Instructor: John Nolan.**

Basic Welding - In Person, M/W	
WE01MW-Spring2026	\$309.00
03/16/2026 - 04/15/2026	Days:M,W
6:00PM - 9:00PM	Sessions: 10
Keefe Tech, Ground Floor, Metals & Fabrication	

Construction Supervisor Unrestricted License Exam Preparation

Only a person licensed by the Massachusetts Board of Building Regulations and Standards may supervise the construction and renovation of all one and two family dwellings and all buildings containing less than 35,000 cubic feet of enclosed space. This class will help you prepare for your Massachusetts Construction Supervisor Unrestricted License exam. This course requires students to devote a significant amount of time familiarizing themselves with the building code materials and methods of preparation for the exam.

All Textbooks and Study Materials (\$500 value) are included in the cost of tuition.

Prerequisite to take the State Exam: Three years of documentable construction experience.



CONSTRUCTLIC-Spring2026 \$959.00
 04/15/2026 - 05/20/2026 Days: W
 6:00PM - 8:00PM Sessions: 6



Join our robust program. Keefe at Night has been successfully running all 5 Tiers for over 9 years.

Earn all 550 hours required for licensure.

Learn from instructors with over 75 years of combined industry experience.

Complete the program in 4 years.

Journeyman Plumbing Code and Theory

Keefe at Night offers all five tiers of the Massachusetts Journeyman Plumbing Code and Theory Program.

Our 4-year Tier Program fulfills the required Tier Code & Theory portion of training for students wishing to become Massachusetts Journeyman Plumbers. Each Tier covers the state requirements for licensure.

Enrollment is open to non-licensed plumbing apprentices in Tier 1 ONLY. Students wanting to enroll in Tiers 2, 3, 4 & 5 must hold a current Massachusetts apprenticeship license and have successfully completed the previous tier.

With the exception of Tier 1 (see above), classes are open only to current apprentices licensed as a Massachusetts Plumbing Apprentice. Participants in the 5-Tier system are required to complete 550 classroom hours (110 hours per Tier) and 6800 apprenticeship work hours (1700 hours per work year) to qualify to take the Journeyman Plumber Test.

We strongly recommend that all students visit The Board of Registration of Plumbers and Gas Fitters website at: <https://www.mass.gov/plumber-licensing> for information on Journeyman License requirements and processes.

A competitive 200-hour Tier 1 Tuition-Free Program is available for qualifying applicants. Please see page 12 for more information. The grant-funded Tier 1 program will be offered in September 2026.

GENERAL INFORMATION AND PROCEDURES — SPRING 2026 (CONTINUED ON PAGE 22)

Welcome to Keefe at Night! For a better understanding of our Spring schedules and procedures, please read the information that appears below..

Safety Protocols for In-Person and Hybrid

Courses: Students attending in-person and hybrid courses must adhere to safety protocols in place at the time their class is running.

Office Hours:

Starting on March 2 through mid June

Monday – Thursday: 9:00 a.m. to 9:00 p.m.

Friday: 9:00 a.m. to 4:00 p.m.

Scheduled School Closings & Class Cancellations

3/10/26, 3/19/26, 4/9/26, 4/20-4/25/26, 5/7/25, 5/20/25 and 5/25/26

Please check your registration receipt for possible additional cancellation dates for your specific class/es.

Tuition/Registration Payment: Payment in full is due at registration. Payment plans are available as noted in specific class descriptions. Registrations under payment plans must be processed by phone or in person.

There are 4 convenient ways to register and pay:

1. *Online Registration:* Visit www.keefeatnight.org and click on the “Registration” tab that appears on the menu bar at the top of the main page. From there click “Register” and click on “My Account.” If you don’t have an account, you can create a new one there as well.

2. *Mail-in Registration:* You can mail in your payment using the registration form in the catalog. Our address is: Keefe at Night, 750 Winter Street, Framingham, MA 01702. No cash please.

3. *Telephone Registration:* During office hours, please call us at 508-416-2170 with a credit card/ bank card.

4. *Walk-in Registrations:* Please see office hours above.

Forms of Payment: We accept Cash, MasterCard, Visa, Checks, Money Orders, & Organization Purchase Orders. Please note: Refunds made to credit cards may take 2-3 business days or longer to appear on your online statement. Refunds by check (for cash and check payments) may take up to four weeks to reach you.

Age Requirement for Registration: The required minimum age is 18 for Keefe at Night Programs. The New York/Broadway is open to children 13 years of age and up.

Late Registration: Students may register for a class after the start date only with the approval of the Instructor and the Program Manager. Tuition is not prorated.

Refund Policy for Courses

Cancellation for All Classes: If Keefe at Night cancels classes, you will receive a full refund.

Withdrawals:

1. 7 Days before start date: Full tuition refund, minus \$10 cancellation fee.
2. 6 Days or less before start date: A course credit voucher will be issued for 75% of course tuition.
3. Withdrawal or absence from course on the day that it meets: There is no refund or credit voucher. You may, however, transfer your enrollment to a friend or relative.
4. There are no refunds for payments for the New York Trip. You can, however, transfer your seat to someone else.
5. No course credit vouchers or refunds will be issued after the start of class.

Withdrawal course credit vouchers are valid for 2 years from the date of issue.

GENERAL INFORMATION AND PROCEDURES — SPRING 2026 (CONTINUED FROM PAGE 21)

Missed Classes in Certification/Licensing

Programs: Some programs require a set number of hours for successful completion. If you must miss more than one class, be sure to speak with your instructor. Please know that missed hours will be made up at a time when your instructor is available and there will be a fee of up to \$50/hour with a three-hour minimum.

Certificates of Completion: Certificates of completion will be provided for licensing and certification courses. If you need a certificate for confirmation of attendance, please let us know, and we will prepare one for you.

There is a \$5.00 processing fee for each lost or misplaced certificate.

Night of the Week & Time of Classes: Classes are in session Monday through Thursday evenings (with a few Saturdays for extended-period certification/licensing programs). Evenings and times are subject to change due to unexpected circumstances. However, every effort will be made to hold classes on the dates and times listed in this Catalog.

Change of Instructor: Keefe at Night reserves the right to retain, assign or change instructors as necessary without contacting enrolled students.

Inclement Weather Cancellations for In-Person & Hybrid In-Person Classes. If Keefe Regional Technical High School closes during the day, there will be no evening program. If the day program is in session and conditions prohibit safe travel in the evening, every effort will be made to contact all instructors and students by email and when necessary by phone. If in doubt, please call the Keefe at Night main phone number: 508-416-2170 for a recorded message. An announcement will also be posted on our website (inclement weather tab on the menu bar) which connects you to our Facebook page: <https://www.facebook.com/keefetechconted/>.

Textbooks/Class Supplies: Unless otherwise noted, students will need to purchase their

books on their own in advance of their first class. Please check the online course descriptions to confirm whether or not books are included in the cost of tuition. When needed, ISBN numbers or bookstore links are provided. Keefe at Night does not operate a bookstore. Please visit your local bookstore or place your order online.

Class Locations: Please check your receipt for your room number. For hybrid & live/virtual classes, login information will be sent to students by email in advance of class.

If you are taking a baking course, we would recommend that you park on the East side of the building closest to the Loring Arena. The ESR Kitchen is very close to the entrance.

If you are taking dance lessons, it would be best to park by the Winter Street entrance side of the building.

Policies: Keefe at Night students, instructors and staff are required to adhere to safety protocols, policies, rules and regulations that are observed by Keefe Regional Technical High School.

Please do not hesitate to contact us if you have any questions. You can reach us at 508-416-2170 or by email at: continuinged@jpkeefe.org.

We thank you for your continued support of Keefe at Night and hope you'll join us!



Keefe at Night - Registration Form

First Name: _____ Last Name: _____

Mailing Address: _____

City/State/Zip: _____

Email Address: _____ Best Phone #: _____

Course ID	Course Title	Class Dates	Tuition Amount
TOTAL			

By submitting this registration form you acknowledge that you have read and accept the Refund Policy that appears below.

Participants must be 18 or older in order to enroll in Keefe at Night programs.

Form of Payment: Check No. _____ (Payable to Keefe at Night) MasterCard ___ Visa ___
 Credit Card Number: _____ Expiration Date: _____
 Authorization Code: _____ Name of Card Holder: _____
 Billing Address If Different from Above: _____

Refund Policy

Refund Policy for Courses/Trips

Cancellation for All Classes: If Keefe at Night cancels a course, the full amount will be refunded.

Withdrawals:

1. **7 Days before start date:** Full tuition refund, minus \$10 cancellation fee.
2. **6 Days or less before start date:** A course credit voucher will be issued for 75% of course tuition.
3. **Withdrawal or absence from course on the day that it meets:** There is no refund or credit voucher. You may, however, transfer your enrollment to a friend or relative.
4. **There are no refunds for payments for the New York Trip.** You can, however, transfer your seat to someone else.
5. **No course credit vouchers or refunds will be issued after the start of class.**

Withdrawal course credit vouchers are valid for 2 years from the date of issue.



Keefe at Night

750 Winter Street
Framingham, MA 01702

Non-Profit
US Postage
Paid
Framingham, MA
Permit #67
Carrier Route
Pre-Sort

ECRWSS

Residential Customer

Arts and Crafts- Visual Arts	4	• Spanish	14
Arts and Crafts- Textiles	4	Medical and Allied Health Certification	
Career & Business Tools/Social Media	4-5	Training	14-15
Cooking: Baking	5	Personal Enrichment	15
Electronics	5	Pet Care	17
Essential Adult Education Courses – Self-Paced ..	5	Real Estate	17
Event Planning	5	Reiki	17
Film/Movies	7	ServSafe Certification	17
Finance/Retirement Planning	7	Sports	18
Fitness	7-8	Trades/License Exam Preparation	18-19
• Dance	7-8	• Construction	18
• Exercise Classes	8	• Electrical	18-19
• Water Exercise	8	• HVAC – Oil and Gas Burner Technology	19
Health and Wellness	8-9	• Plumbing	19
Home & Garden	9	Travel	19
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• French	13		
• Italian	14		



Visit Us on Facebook: www.facebook.com/keefetechconted

Join Us this Fall!
Call 508-416-2170 or visit us online at
www.keefeatnight.org