



## CAREER TRAINING PROGRAMS

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### TRADE PROGRAMS

- Journeyman Plumbing
- Journeyman Electrical
- HVAC - Oil and Gas Burner Technology
- Construction Supervisor

### MEDICAL & ALLIED HEALTH TRAINING

- Clinical Medical Assistant
- Emergency Medical Technician
- Phlebotomy Technician

### OTHER PROGRAMS INCLUDE

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- Arts and Crafts
- Business & Career Tools
- Certification Programs
- Computer Technology & Applications
- Dance
- Finance & Retirement Planning
- Fitness
- Health & Wellness
- Language Arts
- Music
- Real Estate
- Travel
- Welding

# Keefe at Night

Continuing Education at Keefe Regional Technical School

## Spring 2025 Catalog

# Keefe at Night Certification and Licensing Preparation Programs

## Tuition-Free Licensing/Certification Programs For Eligible Applicants

Journeyman Electrical Code Module 1 -  
September 2025

Journeyman Plumbing Tier 1 -  
September 2025

HVAC – Oil and Gas Burner Certification -  
September 2025

## Medical & Allied Health Training/ Exam Preparation

Emergency Medical Technician (EMT) Certification  
Clinical Medical Assistant Certification  
Phlebotomy Technician Certification

## Trades License Training/Exam Preparation

Construction Supervisor - Unrestricted License  
Electrical Code - Journeyman Modules  
Plumbing Code and Theory - Journeyman Tiers

## Reiki Certification

Usui/Holy Fire Reiki, Level 1  
Usui Holy Fire Reiki, Level 2

## Frequently Asked Questions

### Spring Semester Starts on March 5, 2025

This semester the vast majority of classes will take place at Keefe Tech, but we will continue to offer virtual and hybrid courses. In addition a few courses will take place at offsite locations.

### Office Hours - Spring 2025

Starting in March our staff can be reached at the following times:

- Monday-Thursday:  
8:00am-9:00pm
- Friday:  
8:00am-4:00pm

### Scheduled Cancellation Dates: 3/20, 4/21, 4/22, 4/23, 4/24, 5/8, 5/15 & 5/26.

Please check your registration receipt for possible additional cancellation dates for your specific class/es.



### Contact Information

Phone: 508-416-2170

Email: [continuinged@jpkeefe.org](mailto:continuinged@jpkeefe.org)

Website: [Keefeatnight.org](http://Keefeatnight.org)

Mailing Address: 750 Winter Street  
Framingham, MA 01702



### What technology do I need to join a virtual class?

A computer with audio and video, and an internet connection. A Zoom link will be sent to students in advance of class. You will use the same link for multiple-session classes.



### Tuition Payment

Payment is due in full at time of registration. Please call us for information on payment plans for select courses.

### Forms of Payment

We accept Cash, Visa, MasterCard, Checks, and Organization Purchase Orders.

### Age Requirement

Unless otherwise noted, participants must be 18 years of age or older to participate in our programs.



### Certificate of Class Completion

Upon successful completion of Licensing and Certification programs, students will receive a certificate of completion. Replacement certificates are available for a \$5.00 fee per certificate.

### Missed Classes in Certification & Licensing Programs

There is a fee for make-up classes beyond the scheduled class hours.



### Textbooks and Supplies

Keefe at Night does not operate a book/supply store. Please see the online course descriptions for information on books and supplies.



### Registration/Confirmation Receipt

In addition to payment information, your receipt contains:

- Dates and times of your class & location
- Scheduled cancellation dates
- Books/Supplies information
- Withdrawal/Refund policy.

### Withdrawal/Cancellation Refund Policy

Please see page 25 of this catalog for full details on refunds, and our policies and procedures.



### Safety Protocols

Keefe at Night adheres to current (and future) safety protocols in place at Keefe Tech Regional High School.

**Join Us!**

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Full course descriptions including instructor bios, books/supplies information and scheduled class cancellations can be found online at [keefeatnight.org](http://keefeatnight.org).

## New York Broadway Trip Saturday, May 17



### Age Requirement:

Children 13+ are welcome on this trip.

<b>TRIPSNY01-Spring2025</b>	\$109.00
05/17/2025 - 05/17/2025	Days: Sa
7:30 AM - 11:00 PM	Sessions: 1

Please see full description on page 22.

## ARTS & CRAFTS

### Visual Arts

#### Acrylic Painting - In Person

In this class you will learn about color theory and the acrylic paint medium. Students will work on instructor assignments or they may bring in visual references for their painting project. Each student is guided independently by the instructor, and through class critiques. **A list of required materials is available on the online description.** No class: 4/23. **Instructor: Terri Regotti.**

ART01-Spring2025 \$199.00  
03/05/2025 - 05/14/2025 Days:W  
6:00PM - 9:00PM Sessions: 10  
Keefe Tech, Ground Floor, Design and Visual

#### Drawing for Beginners - In Person

In this course students will learn specific drawing techniques that will help them to learn "how to see" based on the principles and elements of art, composition, shading and positive/negative space. Students will receive handouts for each new lesson. These handouts include the vocabulary used in class discussions for drawing assignments. **A list of required materials is available on the online description.** No Class: 4/21 & 5/26. **Instructor: Terri Regotti.**

ART02-Spring2025 \$199.00  
03/17/2025 - 06/02/2025 Days:M  
6:00PM - 9:00PM Sessions: 10  
Keefe Tech, Ground Floor, Design and Visual

#### Drawing/Acrylic Painting: Independent Study - In Person

This is an advanced art class. Each student enrolling in this class will have already worked with the instructor in Drawing for Beginners and/or Acrylic Painting. Each project is planned between the instructor and the student. **A list of required materials is available on the online description.** No Class: 3/20, 4/24, 5/8 & 5/15. **Instructor: Terri Regotti.**

ART05-Spring2025 \$199.00  
03/06/2025 - 06/05/2025 Days:Th  
6:00PM - 9:00PM Sessions: 10  
Keefe Tech, Ground Floor, Design and Visual

### Floral Design

#### Spring Basket Floral Design - In Person

This will be a fabulous way to bring the Spring season into your home. Learn how to professionally create a basket design with vibrant soft Spring colors. Learn some simple tricks that take the ordinary to extra-ordinary. Flowers/Materials are included in the cost of tuition. **Instructor: Dawn Bagocius.**

ACFD7-Spring2025 \$75.00  
04/09/2025 - 04/09/2025 Days:W  
6:00PM - 8:00PM Sessions: 1  
Keefe Tech, Ground Floor, Horticulture

#### Spring Contemporary Floral Design - In Person

Welcome in the New Season with a bright and colorful Spring garden design. We will be using the Pantone color of the year and bring in a stunning contemporary linear design of bright colors! See you in Class! Flowers/Materials are included in the cost of tuition. **Instructor: Dawn Bagocius.**

ACFD8-Spring2025 \$75.00  
5/07/2025 - 05/07/2025 Days:W  
6:00PM - 8:00PM Sessions: 1  
Keefe Tech, Ground Floor, Horticulture

### Textiles

Please visit the online course descriptions to view lists of supplies for the knitting classes. If you have any questions or would like to discuss a possible project, feel free to contact Jessica Pelon through her website at: [Keefe.pugstitches.com](http://Keefe.pugstitches.com)

#### Knitting for Beginners - In Person

This class is designed for new knitters as well as anyone needing a refresher. We will discuss different yarns, needles, tools, how to knit, purl, increase, decrease, make a gauge and more! Students will be able to apply what they learn to individual projects. Practice supplies will be provided by the instructor. Students are also encouraged to bring any needles or yarn they already have. Students will need to purchase additional project supplies. **Instructor: Jessica Pelon.**

ARTTXT03-Spring2025 \$129.00  
03/11/2025 - 04/15/2025 Days:TU  
6:30PM - 9:00PM Sessions: 6  
Keefe Tech, Main Floor, 203





## ARTS & CRAFTS

### Knitting Workshop - In Person

This is the perfect continuation of the Knitting for Beginners class and is also great for experienced knitters. Learn a new technique, start a project, finish a project you have lying around, or do all the above. In this independent study class, students will work on projects of their own choosing with the confidence of knowing someone is there to guide and support them. Come to the first class with practice or project supplies in hand. Students will need to purchase their own project supplies. **Instructor: Jessica Pelon.**

ARTTXT01-Spring2025 \$119.00  
 05/07/2025 - 06/11/2025 Days:W  
 6:30PM - 9:00PM Sessions: 6  
 Keefe Tech, Main Floor, 203

### Lace Knitting - In Person - NEW!

Learn lace knitting or work on some knitted lace! Students will learn stitches commonly used in lace knitting, how to do lace cast-ons and bind-offs, how to read a chart, how to use a lifeline, how to block your lace, and more. Go to <http://keefe.pugstitches.com> and check out the Lace Knitting page to get more information and see project ideas. **Instructor: Jessica Pelon.**

ARTTXT6-Spring2025 \$119.00  
 03/05/2025 - 04/09/2025 Days:W  
 6:30PM - 9:00PM Sessions: 6  
 Keefe Tech, Main Floor, 203

## CAREER & BUSINESS TOOLS

### LinkedIn: Improve/Develop Your LinkedIn Professional Profile - In Person

LinkedIn is a useful tool for your professional career. In this class you will learn how to complete your professional page and learn how to optimize your profile and research to take advantage of all that LinkedIn has to offer. **Instructor: Annabelle Lebas.**

BZTOOLS08-Spring2025 \$39.00  
 05/12/2025 - 05/12/2025 Days:M  
 6:00PM - 8:00PM Sessions: 1  
 Keefe Tech, Main Floor, 207

### Business Skills Workshop - In Person

This Business Skills Workshop is a 3-hour introductory class designed to help entrepreneurs, business owners, and others learn the key elements of starting, growing, and building a highly successful company. The information and concepts learned in this Business Skills Workshop cover every business in every industry. **Instructor: Bruce Share.**

BZTOOLS11Spring2025 \$49.00  
 05/12/2025 - 05/12/2025 Days:W  
 6:00PM - 9:00PM Sessions: 1  
 Keefe Tech, Main Floor, 206

## CAREER & BUSINESS TOOLS

### How to Start and Grow a Successful Business - In Person

This course is designed for entrepreneurs who are considering starting their own business, or business owners who want to grow their companies while maximizing Cash Flow. Each of the 5 classes consists of a 75–90-minute presentation followed by an open class discussion with questions, comments, specific issues your company faces, or any other related topic. Bruce Share's first book "Maximizing Cash Flow - The Path to Prosperity" has this class as its core. **Instructor: Bruce Share.**

BZTOOLS2-Spring2025 \$129.00  
 5/14/2025 - 6/11/2025 Days:W  
 6:00PM - 9:00PM Sessions: 5  
 Keefe Tech, Main Floor, 206



### How to Promote and Market Your Small Business - Virtual Platform/Live Instruction

This 2-hour class will show you how to set up a website to showcase your business and how to market your business. This is an introductory class. There is no need to have an existing website. A Zoom link will be sent to your email account in advance of class. Please see the online description for a full list of topics that will be covered. **Instructor: Fan Stanbrough.**

COWEB27-Spring2025 \$49.00  
 05/28/2025 - 05/28/2025 Days:W  
 7:00PM - 9:00PM Sessions: 1  
 Live Virtual Classroom

### Open and Manage an Online Shop - Virtual Platform/Live Instruction

If you have products to sell, digital products which can be downloaded, or services to offer, you can use an eCommerce website to make money on the side. Opening an eCommerce online shop is not as hard as you think. You don't need to be a webmaster or a coding guru. We designed a 2-hour class to go through the essential topics. This is an introductory class, so you do not need to have an existing website. A Zoom link will be sent to your email account in advance of class. **Instructor: Fan Stanbrough.**

COWEB26-Spring2025 \$49.00  
 05/07/2025 - 05/07/2025 Days:W  
 7:00PM - 9:00PM Sessions: 1  
 Live Virtual Classroom

## CAREER & BUSINESS TOOLS

### Instagram for Business Owners - In Person

In this 90-minute course geared towards beginners, we will address everything that you need to know if you're just starting out using Instagram to promote your business. We will cover how to use the platform itself, as well as some of the terminology of the platform, and how businesses specifically can use Instagram to make new connections and put their products and services out into the world. **Instructor: Lauren Briggs.**

BZTOOLS15-Spring2025 \$39.00  
04/15/2025 - 04/15/2025 Days:Tu  
6:30PM - 8:00PM Sessions: 1  
Keefe Tech, Main Floor, 210

### Intro to Social Media for Business - In Person

Learn to effectively promote your business or organization through social media. If you are looking to tap into social media to promote your business and need some help getting started, this course is for you. We will explore the basics of different social media platforms and learn how to use Facebook specifically for both promotion and improved customer engagement. **Instructor: Lauren Briggs.**

BZTOOLS4-Spring2025 \$59.00  
04/03/2025 - 04/10/2025 Days:Th  
6:30PM - 9:00PM Sessions: 2  
Keefe Tech, Main Floor, Room 208

## COMPUTER TECHNOLOGY AND APPLICATIONS

### Microsoft Excel 1 - Intro - In-Person

Learn to use this popular program effectively in office and home applications. Create and edit worksheets and workbooks. Take home the practical knowledge required to use the program and apply it to real-life situations. **Basic PC skills are required.** The first 2 1/2 hours of this class will be dedicated to lectures and hands-on practice in a computer lab. The last half hour will be available for questions students may have. **A hard copy of the class textbook must be purchased in advance of class.** Please see online description for book details. **Instructor: Patricia Boyd.**

COMS07-Spring2025 \$169.00  
3/12/2025 - 4/02/2025 Days:W  
6:00PM - 9:00PM Sessions: 4  
Keefe Tech, Second Floor, Library

### Design Your Own WordPress Website in 4 Hours - Virtual Platform/Live Instruction

Design a WordPress website and start your online journey. This class is a beginner class, designed for people with no WordPress experience and no coding knowledge. You will learn how to quickly set up a simple WordPress website. A Zoom class link will be sent by email in advance of class. **Instructor: Fan Stanbrough.**

COWEB25-Spring2025 \$69.00  
04/02/2025 - 04/09/2025 Days:W  
7:00PM - 9:00PM Sessions: 2  
Live Virtual Classroom

## ESSENTIAL ADULT EDUCATION COURSES

### GED Preparation Courses (Online, Self-paced)

Adult Ed: GED Test Prep. Ed2Go - Self-Paced Online Courses - Instructions on How to Register

This program is offered through our training partner Ed2go. GED Preparation Classes are available for registration. The registration process is different, however. Please visit this link to view information on classes or to register online: <https://www.ed2go.com/kan/SearchResults.aspx?SearchTerms=qed>.

For information on GED© **testing** in Massachusetts, please visit: <http://www.doe.mass.edu/hse/>.

## FINANCE / RETIREMENT PLANNING

### Transitioning Into Retirement - Beyond Finances - In Person

Retirement is like a vacation that can last forever, but - like vacations - it has its own 'stressors.' Making a plan for life after retirement is crucial. This course explores areas beyond finances such as: life stages of work and retirement; the importance of short- and long-term goal setting; part-time jobs for retirees; how to rebuild your social network and retirement success stories. This is not a 'Finance' Class - but a blueprint for a happy and fulfilling retirement! **Instructor: Herbert Fuchs.**

RETIREPLAN1-Spring2025 \$39.00  
04/16/2025 - 04/16/2025 Days:W  
6:00PM - 9:00PM Sessions: 1  
Keefe Tech, Main Floor, 208



### The A's, B's, C's and D's of Medicare - In Person

If you are interested in learning more about Medicare, we invite you to attend this one night session. You will learn about Medicare enrollment; medical plan requirements; options, and penalties assessed if you do not enroll in Medicare at the predetermined time. Join us for this informative and vitally important workshop. **Instructor: Peter O'Neil.**

FINRE8-Spring2025-Section1 \$29.00  
3/11/2025 - 3/11/2025 Days:TU  
6:30PM - 8:00PM Sessions: 1  
Keefe Tech, Main Floor, 210

FINRE8-Spring2025-Section2 \$29.00  
5/22/2025 - 5/22/2025 Days:Th  
6:30PM - 8:00PM Sessions: 1  
Keefe Tech, Main Floor, 210

## FINANCE / RETIREMENT PLANNING

### Social Security: Your Questions Answered - In-Person

In this class you will learn ways to maximize Social Security benefits for individuals and couples based on age, life expectancy, employment and need. **Instructor: Alex Winkelmann.**

FINRET1-Spring2025 \$39.00  
03/12/2025 - 03/12/2025 Days:W  
6:00PM - 7:30PM Sessions: 1  
Keefe Tech, Main Floor, 208

### What Happens After the Paychecks Stop? - In-Person

Are you nearing retirement or are between the ages of 50-70? Then this class is for you. Examine how to budget for retirement expenses, potential sources of retirement income and potential risks such as long-term care and health care costs. **Instructor: Alex Winkelmann.**

FINRET2-Spring2025 \$39.00  
03/05/2025 - 03/05/2025 Days:W  
6:00PM - 7:30PM Sessions: 1  
Keefe Tech, Main Floor, 204

### Wills, Trusts, and Estate Planning: Protecting What Matters Most - In Person

During the course, students will learn the fundamentals of Estate Planning and the tools required to keep families out of court and conflict. Overall, the course is an opportunity for individuals and families to learn how to protect their loved ones and their assets in the way they want them to be protected, if someone is to become incapacitated and/or when they pass away. **Instructor: Erica Endyke and Barbie Foisy.**

FINRET3-Spring2025-Sect1 \$29.00  
05/07/2025 - 05/07/2025 Days:W  
6:00PM - 7:00PM Sessions: 1  
Keefe Tech, Main Floor, 204

FINRET3-Spring2025-Sect2 \$29.00  
06/04/2025 - 06/04/2025 Days:W  
6:00PM - 7:00PM Sessions: 1  
Keefe Tech, Main Floor, 204

## FITNESS

### Dance

#### Belly Dancing with Jemileh - All Levels - In Person

This class is an introduction to the rich repertoire of moves and combinations that make up this beautiful art form. Classes will also include drills to help build strong muscle control as well as techniques to increase flexibility and grace. Bring: water, and willingness to have a great time. No Class: 3/31, 4/7, 4/21 & 5/26. **Instructor: Jemileh (Jaqui Martir).**

FTBELLYD1-Spring2025 \$139.00  
03/10/2025 - 06/23/2025 Days:M  
6:00PM - 7:00PM Sessions: 12  
Keefe Tech, Main Floor, Stage in Auditorium

## FITNESS

#### Belly Dancing: Skills and Drills - In Person

This class builds on the beginner skills that were learned in Belly Dance for Beginners with Jemileh. It is a 1-hour class that will include: improving control, building and improving the mind/body connection by creating neural pathways and conscious control of breath, and muscle work. Bring: water, and willingness to have a great time. No Class: 3/31, 4/7, 4/21 & 5/26. **Instructor: Jemileh (Jaqui Martir).**

FTBELLYD3-Spring2025 \$139.00  
03/10/2025 - 06/23/2025 Days:M  
7:15PM - 8:15PM Sessions: 12  
Keefe Tech, Main Floor, Stage in Auditorium

#### Ballroom Dancing - Couples/Pairs - In Person

**Before you register, please note that there are some Mondays when the class won't meet. We hope the schedule will still work for you.** Have fun learning with other beginners and dance with confidence. This beginner course will focus on four of the most popular ballroom dances - two American Smooth (Waltz and Foxtrot) and two Rhythm/Latin (Rumba and Cha-Cha). The cost of tuition is \$195 per couple/pair. No Class: 4/7, 4/14, 4/21, 4/28, 5/12, 5/26, and 6/23. **Instructor: Steele Shane.**

FTBR01-Spring2025 \$195.00  
3/10/2025 - 6/30/2025 Days:M  
7:30PM - 8:30PM Sessions: 10  
Keefe Tech, Main Floor, Gym

#### East Coast Swing - Couples/Pairs - In Person

**Before you register, please note that there are some Mondays when the class won't meet. We hope the schedule will still work for you.** Join us in learning single time and triple step swing. Most of the steps and arm movements can also be applied to freestyle dancing. You'll learn the basic rhythm, tucks, underarm turns, and more! We will also work on improving your "lead and follow" dance skills, connection, and musicality. The cost of tuition is \$195 per couple/pair. No Class: 4/7, 4/14, 4/21, 4/28, 5/12, 5/26, and 6/23. **Instructor: Steele Shane.**

FTSWING01-Spring2025 \$195.00  
3/10/2025 - 6/30/2025 Days:M  
6:30PM - 7:30PM Sessions: 10  
Keefe Tech, Main Floor, Gym

#### Line Dance: Beginner Level - In Person

Line dance is a fantastic way to get your body moving and improve your balance and memory, all while enjoying diverse styles of music, including country, pop, oldies and more! Line dance is fun and easy, and you don't need any special tools, clothes, or a partner - just comfortable soft-soled shoes that slide easily on the floor. No Class: 4/15 & 4/22. **Instructor: Robin Sparr.**

FTLINE01-Spring2025 \$119.00  
03/11/2025 - 05/27/2025 Days:TU  
6:15PM - 7:15PM Sessions: 10  
Keefe Tech, Main Floor, Gym

# FITNESS

## Line Dance: Improver Level - In Person

This class is for individuals with some previous dance experience, including previous students who feel they have mastered the dances in the beginner-level course. It will help if you are familiar with basic line dance steps such as vine, rocking chair, V-step and K-step. **Dancers with some experience are welcome to register for both classes;** there will be a 15 minute break in between to rest and hydrate! No Class: 4/15 & 4/22. **Instructor: Robin Sparr.**

FTLINE02-Spring2025 \$119.00  
03/11/2025 - 05/27/2025 Days:Tu  
7:30PM - 8:30PM Sessions: 10  
Keefe Tech, Main Floor, Gym

## Exercise Classes

### Gentle Stretch With Jo-Ellen McCarrick - All Levels - In Person

Suitable for all levels. This class will help to improve flexibility, alleviate back pain, reduce muscle tension, promote relaxation and relieve stress. Floor work required. Participants should bring a mat or towel and water. No class: 4/15 & 5/13.

**Instructor: Jo-Ellen McCarrick.**

FITNESSGS2-Spring2025 \$119.00  
3/18/2025 - 6/03/2025 Days:Tu  
7:15PM - 8:15PM Sessions: 10  
Keefe Tech, Main Floor, Stage in Auditorium

### Quick Fit Circuit Training with JoEllen McCarrick- In Person

Rev up your fitness workout with circuit training. This is a perfect workout for those crunched for time, as it incorporates all exercise components - one workout hits it all! All ability levels are welcome! Bring hand-held weights suitable for your ability, a mat for floor work, and water. No class: 4/15 & 5/13.

**Instructor: Jo-Ellen McCarrick.**

FITNESSQF3-Spring2025 \$119.00  
3/18/2025 - 6/03/2025 Days:Tu  
6:00PM - 7:00PM Sessions: 10  
Keefe Tech, Main Floor, Stage in Auditorium

## Water Exercise

### Hydropower - at Longfellow Club in Natick

This is a total-body, deep-water workout, which includes a strong cardiovascular segment (modified for all levels of ability). **Instructor: Longfellow Club in Natick Staff.**

FITWATER4-Spring2025 \$180.00  
03/10/2025 - 05/26/2025 Days:M  
7:05PM - 8:05PM Sessions: 12  
Longfellow Health Club, 203 Oak Street - Natick



### Hydropower Plus - at Longfellow Club in Natick

This is a total-body, deep-water workout. It includes a strong cardiovascular segment (modified for all levels of ability). Additional focus includes core, flexibility & muscle conditioning - done simultaneously for an effective & efficient workout. Use of rubber tubing, hand weights, or noodles could be included to achieve these goals. **Instructor: Longfellow Club in Natick Staff.**

FITWATER5-Spring2025 \$180.00  
03/05/2025 - 05/21/2025 Days:W  
7:05PM - 8:05PM Sessions: 12  
Longfellow Health Club, 203 Oak Street - Natick

### Deep Water Workout: TGIAF - at Longfellow Club in Natick

This is a dynamic and fast-paced deepwater workout (done at your own pace), designed to help you transition into a fabulous weekend. **Instructor: Longfellow Club in Natick Staff.**

FITWATER6-Spring2025 \$180.00  
03/06/2025 - 05/22/2025 Days:Th  
5:20PM - 6:20PM Sessions: 12  
Offsite, Longfellow Pool - Natick

## Yogalates

### Yogalates with Karen Fishman - In-Person

Join Karen for her signature 30/30 class, great for all levels! This popular class will help you build strength, improve posture, and tone your whole body. Class begins with a warm-up followed by mat-based pilates, then transitions to Hatha style yoga, combined with traditional stretch. Class ends with guided meditation. Bring a yoga mat, blocks (if needed), a yoga strap or towel and water. Class size is limited. No Class for both classes: 3/20, 5/8, 5/15 & 6/19. **Instructor: Karen Fishman.**

YOGALATES-Spring2025-Session1 \$99.00  
3/06/2025 - 4/17/2025 Days:Th  
6:30PM - 7:30PM Sessions: 6  
Keefe Tech, Yoga Room in Modular Space

YOGALATES-Spring2025-Session2 \$99.00  
5/01/2025 - 6/26/2025 Days:Th  
6:30PM - 7:30PM Sessions: 6  
Keefe Tech, Yoga Room in Modular Space



**Visit Our Website**  
Full course descriptions can be found online at [Keefeatnight.org](http://Keefeatnight.org).



## HEALTH AND WELLNESS

### Qi Gong For Immune Health - In Person

This is a form of Qi Gong that combines specific sounds with simple arm movements and visualization to strengthen the internal organs and strengthen the immune system. The goal of the exercises is to harmonize the body and mind through deep breathing, whole body movement, and stretching.

**Instructor: Joseph Foley.**

QIGONG2-Spring2025	\$39.00
05/14/2025 - 05/14/2025	Days:W
7:00PM - 9:00PM	Sessions: 1
Keefe Tech, Main Floor, 217	

### Qi Gong for Arthritis - In Person

Also called "Chinese Yoga," this therapeutic form of Qi Gong incorporates whole body movement, stretching, and correct breathing to help you improve your energy and health. It is a tool for self-healing that can be used throughout your life. It is useful for people of all ages, especially senior citizens.

**Instructor: Joseph Foley.**

QIGONG3-Spring2025	\$39.00
03/19/2025 - 03/19/2025	Days:W
7:00PM - 9:00PM	Sessions: 1
Keefe Tech, Main Floor, 217	

### Qi Gong - Self Healing - In Person

This class will focus on Eight Brocade Qi Gong, a group of eight exercises whose origin can be traced back in China over two thousand years. The eight movements are designed to tune up all organ systems, to build a healthier body, and to help prevent disease. **Instructor: Joseph Foley.**

QIGONG1-Spring2025	\$39.00
04/09/2025 - 04/09/2025	Days:TU
7:00PM - 9:00PM	Sessions: 1
Keefe Tech, Main Floor, 217	

## HOBBIES / BRIDGE

### Beginners' Bridge - In Person

If you are looking for something entertaining and different to do with friends and family, then come and learn the wonderful and challenging game of Bridge. After completing this course, you will be able to play Contract Bridge with novices and experts alike. The class starts with a short lecture. We then split up into groups of four to practice newly learned points. There will be plenty of opportunity for questions in this very informal and fun setting. **Instructor: Tony Keats.**

HOBBY2-Spring2025	\$129.00
4/29/2025 - 6/10/2025	Days:TU
6:30PM - 9:00PM	Sessions: 7
Keefe Tech, Second Floor, 309	

General information can be found on page 25.

## HOBBIES / BRIDGE

### Bridge for the Advancing Bridge Player - In Person

This course is designed for people with some bidding and playing experience who want to improve their game. It will begin with a review of basic bidding from straight forward non-competitive auctions to competitive bidding. Some of the discussion will be expanded to include more advanced bidding methods. There will be ample time allowed for practice hands to help in learning new concepts covered each week. This is a fun and informal class. **Instructor: Tony Keats.**

HOBBY1-Spring2025	\$129.00
4/30/2025 - 6/11/2025	Days:W
6:30PM - 9:00PM	Sessions: 7
Keefe Tech, Second Floor, 309	

## HOME & GARDEN

### Container Gardening - In Person

In this course you will learn how to garden successfully in containers. We will discuss what can be grown in containers, proper soil mixes to use, choice of containers, fertilization, and how to water properly. Ideas for vertical gardens and elevated garden containers will also be explored, as well as design ideas for container flowers. Basic elements of gardening will also be discussed. **Instructor: Jonathan Stein.**

HGLS11-Spring2025	\$39.00
4/15/2025 - 4/15/2025	Days:TU
6:00PM - 8:00PM	Sessions: 1
Keefe Tech, Main Floor, 206	

### Basic Home Gardening - In Person

Learn the basics of gardening so you can create your own beautiful space. Learn the difference between annuals, perennials and biennials. We will take the mystery out of the numbers on fertilizer products, and learn how to use fertilizers properly. Gain confidence in your ability to prune your shrubs and perennials. Bring your gardening questions to class, so we can solve all your gardening problems. This class is taught in lecture format. **Instructor: Jonathan Stein.**

HGLS10-Spring2025	\$69.00
5/06/2025 - 5/13/2025	Days:TU
6:00 PM - 8:30 PM	Sessions: 2
Keefe Tech, Main Floor, 206	

## Inclement Weather Class Cancellations -

Information will be posted  
on our website and  
our Facebook page.

You can also call 508-416-2170  
for a recorded message.





## Tuition-Free/Zero-Cost

Workforce Skills Cabinet  
Career Technical Initiative

### 200-Hour HVAC Program

Classes Start in September 2025.  
The application process will open in May.

## About the Program Grant

Grant funding for this course is administered by the Commonwealth Corporation on behalf of the Massachusetts Workforce Skills Cabinet. Keefe Regional Technical High School administers this program in partnership with the MassHire Metro South/West Career Center.

## Course Content

This 200-hour program will prepare students to sit for the Massachusetts Oil Burner Technician Certification exam. Students will learn the basics of residential heating gas & oil burner technology, service, repair, installation and maintenance. The program also includes OSHA Certification, hands-on practice, and essential career development and employability skills training.

## How to Apply

Please visit our website at [Keefeatnight.org](http://Keefeatnight.org) and click on the CTI Tuition-Free programs tab, which appears on the top menu of the main page. Read the "Eligibility" section of that page to determine if you pre-qualify for the program. If you meet the requirements, you can fill out the preliminary application - found on the same page. Following your application submission, we will contact you to discuss next steps.

## Credentials Earned

- 10-Hour OSHA Certification
- Preparation to sit for the Oil Burner Certification Exam.

## Learn More

Scan the QR code included below to learn more about the program and submit your preliminary application.

If you have any questions, please call us at 508-416-2170.

Please Note: **You can only apply for one program.**





## Tuition-Free/Zero Cost

Workforce Skills Cabinet  
Career Technical Initiative

## 200-Hour Plumbing Program

Classes Start in September 2025.  
The application process will open in May.

### About the Program Grant

Grant funding for this course is administered by the Commonwealth Corporation on behalf of the Massachusetts Workforce Skills Cabinet. Keefe Regional Technical High School administers this program, in partnership with the MassHire Metro South/West Career Center.

### Course Content

Launch your career as a Journeyman Plumber. This 200-Hour program will include the required 110 hours of code and theory studies for Tier 1 as part of the Massachusetts 5-tier program. It also includes OSHA Certification, hands-on practice, and essential career development and employability skills training.

### How to Apply

Please visit our website at [Keefeatnight.org](http://Keefeatnight.org) and click on the CTI Tuition-Free programs tab, which appears on the top menu of the main page. Read the "Eligibility" section of that page to determine if you pre-qualify for the program. If you meet the requirements, you can fill out the preliminary application - found on the same page. Following your application submission, we will contact you to discuss next steps.

### Credentials Earned

- 10-Hour OSHA Certification
- Completion of Tier 1 of the Massachusetts 5-Tier Plumbing Code Program, for a total of 110 code hours.

### Learn More

Scan the QR code included below to learn more about the program and submit your preliminary application.

If you have any questions, please call us at 508-416-2170.

Please Note: **You can only apply for one program.**





## Tuition-Free / Zero Cost

Workforce Skills Cabinet  
Career Technical Initiative

### 200-Hour Electrical Program

Classes Start in September 2025.  
The application process will open in May.

### About the Program Grant

Grant funding for this course is administered by the Commonwealth Corporation on behalf of the Massachusetts Workforce Skills Cabinet. Keefe Regional Technical High School administers this program, in partnership with the MassHire Metro South/West Career Center.

### Course Content

Launch your career as a Journeyman Electrician. This 200-Hour program includes the required 75 hours of code and theory studies for Module 1 as part of the Massachusetts Journeyman Electrician Module program. It also includes OSHA Certification, hands-on practice, and essential career development and employability skills training.

### How to Apply

Please visit our website at [Keefeatnight.org](http://Keefeatnight.org) and click on the CTI Tuition-Free programs tab, which appears on the top menu of the main page. Read the "Eligibility" section of that page to determine if you pre-qualify for the program. If you meet the requirements, you can fill out the preliminary application - found on the same page. Following your application submission, we will contact you to discuss next steps.

### Credentials Earned

- 10-Hour OSHA Certification
- Completion of Module 1 of the Massachusetts 8-Module Journeyman Electrical Code Program, for a total of 75 code hours.

### Learn More & Submit Your Application Today

Scan the QR code included below to learn more and submit your preliminary application.

If you have any questions, please call us at 508-416-2170.

Please Note: **You can only apply for one program.**





**English Language Course - Levels/Niveles 1, 2 & 4 - In Person**  
**Level 3: In Person & Virtual Platform/Live Instruction**

**Welcome/Bienvenidos/Bemvindos/Benvenuti/Bienvenue!**  
 We offer 4 levels of study: Beginner, Advanced Beginner, Intermediate and Advanced. If you have never taken English language classes and consider yourself a beginner, you will place in Level 1 and do not need to take a placement test. If you attended a class at Keefe at Night recently, you will move on to the next level.

New Students: For Levels 2, 3 & 4 there will be a placement test at Keefe Tech on February 12 between 4:00 p.m. and 7:00 p.m. Plan on a half hour for completion of the process.  
 The total cost for the class is \$299 for all levels and includes two books.

**IMPORTANT: Level 3 is conducted in person and on a virtual platform with live instruction.**

**Cursos de Inglés:** Ofrecemos cuatro niveles de aprendizaje: Principiantes, Principiantes Avanzados, Curso Intermedio y Curso Avanzado. Si nunca ha tomado cursos de inglés y se considera principiante, entrará al primer nivel. No necesita tomar una prueba. Si tomó clases en Keefe at Night recientemente, pasará al siguiente nivel.

Estudiantes Nuevos: Para los niveles 2, 3 y 4 habrá una prueba de colocación de nivel en Keefe Tech el 12 de febrero entre las 4:00 p.m. y 7:00 p.m. Planifique media hora para completar el proceso.

**American Sign Language**

**American Sign Language - Beginner - In Person**

In this class, you will learn the basics of American Sign Language. The group is very interactive. You will gain experience and a foundation for basic sign language conversation skills. You will also learn about deaf environment and culture. Required text book to be purchased by students in advance of class: Signing Illustrated by Mickey Flodin ISBN 978-0-399-53041-8 No Class: 4/21. **Instructor: Kathleen Romeo.**

LASL18-Spring2025 \$149.00  
 03/10/2025 - 05/19/2025 Days:M  
 6:00PM - 7:30PM Sessions: 10  
 Keefe Tech, Second Floor, 311



El costo total de la clase para todos los niveles es \$299 e incluye 2 libros.

**Aulas de Inglés:** Ofrecemos 4 niveles de estudio: Iniciante, Iniciante Avanzado, Intermediário e Avanzado. Se você nunca fez aulas de inglês e se considera um iniciante, você será colocado no Nível 1. Você não precisa fazer a prova. Se você assistiu a uma aula no Keefe at Night recentemente, você passará para o próximo nível.

Novos Alunos: Para os níveis 2, 3 e 4 haverá um teste de nivelamento na Keefe Tech em 12 de fevereiro das 4:00 às 7:00 p.m. Planeje meia hora para a conclusão do processo.

O custo total da aula é: \$299 para todos os níveis. Dois livros estão incluídos no custo do curso.

**No class, No hay Clases/Aulas:** 3/20, 4/22, 4/24, 5/8 & 5/15.

**Instructors:**  
 Nevin Aziz  
 Vicki Kravitz  
 Kim McCormack  
 Valerie Rector  
 Brenda Seymour  
 Linda Strayhorn

ABESLLEVEL1- 4 Spring2025 \$299.00  
 03/11/2025 - 06/10/2025 Days: Tu,Th  
 6:00PM - 9:00PM Sessions: 22

**International Languages**

**French - Beginner - In Person**

This course is designed to teach the basics of French and is perfect for beginners. The main goal is to help you build and correctly pronounce simple sentences by the end of the 8 sessions. A strong emphasis is placed on practicing pronunciation through regular reading exercises. You will learn to use the alphabet, numbers, and key concepts such as verb tenses, basic vocabulary, adjectives, possessive pronouns, and negative sentence structures. This interactive program provides you with the essential tools to effectively improve your written and spoken French. Please view the online description for information on the book that you will need to purchase in advance of class. **No Class: 4/21. Instructor: Annabelle Lebas.**

LAFRENCH01-Spring2025 \$99.00  
 03/10/2025 - 05/05/2025 Days:M  
 6:00PM - 8:00PM Sessions: 8  
 Keefe Tech, Main Floor, 201

Full course descriptions and instructor bios are available on our website:  
[Keefeatnight.org](http://Keefeatnight.org)

# LANGUAGE ARTS

## French - Intermediate - In Person

Do you know how to count to 100 in French; introduce yourself; name colors, and have basic vocabulary in French? Then you're ready for the next step! Come and learn more about this language with a native French teacher! We'll work on grammar but also on fun topics to help you get ready to the next level! Please view the online description for information on the book that you will need to purchase in advance of class. No Class: 4/22. **Instructor: Annabelle Lebas.**

FRENCH03-Spring2025 \$99.00  
03/11/2025 - 05/06/2025 Days:Tu  
6:00PM - 8:00PM Sessions: 8  
Keefe Tech, Main Floor, 201

## Conversational French - In Person

Parlez-vous français? Absolument! **This course is for individuals with an Advanced Level of proficiency in French.** Practice with Annabelle, a native speaker of French. Students in this class will have an opportunity to develop conversation based on their personal interests. They are encouraged to come to class with a list of topics they would like to discuss (in French) during class. This approach will help students feel more confident with their conversation and debate skills. No Class: 4/23. **Instructor: Annabelle Lebas.**

LAFRENCH04-Spring2025 \$119.00  
03/19/2025 - 05/14/2025 Days:W  
6:00PM - 8:00PM Sessions: 8  
Keefe Tech, Main Floor, 201

## Tourists' Guide to Paris and France - In Person

Join Anabelle Lebas on a fun and informative "tour" of France and its culture. In this class you will learn basic survival French vocabulary, necessary for travelers who do not speak French. You will learn about Paris destination spots and how to utilize public transportation. Anabelle will share her personal experience on how to get the most out of Paris. She will also touch upon France's 13 regions. **Instructor: Annabelle Lebas.**

LAFRENCHTOURISTSpring2025 \$49.00  
06/02/2025 - 06/09/2025 Days:M  
6:00PM - 8:00PM Sessions: 2  
Keefe Tech, Main Floor, 209

## Brazilian Portuguese I - Beginner - In Person

This course in Brazilian Portuguese is designed for beginners who are just starting to study the language. Students will learn basic grammatical structures, and practice everyday language in situational contexts like greetings, shopping, dining out, giving directions, and traveling in Brazil. They will also learn first-hand about Brazilian culture through music, cuisine and history. Materials are included in the cost of tuition. No Class: 4/21 & 5/26. **Instructor: Eliane Vaz Louison.**

LAPORTUGUESE1-Spring2025 \$199.00  
3/10/2025 - 6/02/2025 Days:M  
6:00PM - 8:30PM Sessions: 11  
Keefe Tech, Main Floor, 205

## Brazilian Portuguese II - Intermediate - In Person

Students will develop conversation skills as they relate to cultural traditions and current events, all while having fun. Participants will also learn to assimilate new concepts of the language, new vocabulary, grammar and verbs. Some material from the beginner class will be reviewed. There will be opportunities to read and write through home assignments. Your instructor, a native speaker of Brazilian Portuguese, looks forward to sharing the love of her culture and language with you. Materials are included in the cost of tuition. No Class: 4/23. **Instructor: Eliane Vaz Louison.**

LAPORTUGUESE2-Spring2025 \$199.00  
3/05/2025 - 5/21/2025 Days:W  
6:00PM - 8:30PM Sessions: 11  
Keefe Tech, Main Floor, 205

## Basic Spanish Conversation - In Person - New!

Whether it has been a few months or many years since you studied Spanish, you can have satisfying and fun basic conversations in Spanish using TPRS (Teaching Proficiency through Reading and Storytelling) and Comprehensible Input. This approach focuses on meaningful language exposure and active engagement through storytelling and reading. Please view the online description for information on the book you will need to purchase in advance of class. No Class: 4/23. **Instructor: Mary Lee Mullin.**

LASP05-Spring2025 \$169.00  
03/12/2025 - 05/21/2025 Days:W  
6:00PM - 8:00PM Sessions: 10  
Keefe Tech, Main Floor, 219



Full course descriptions and instructor bios are available on our website:  
[Keefeatnight.org](http://Keefeatnight.org)

# Careers in Medical and Allied Health



## Clinical Medical Assistant Certification Training

This program includes 140 classroom hours and 160 hours\* of hands-on clinical training. Students successfully completing this program are eligible to sit for the Healthcareer Association Clinical Medical Assistant Certification Exam.

\*The 160-hour externship begins shortly after completion of the program.

MEDCMA1-Spring2025	\$2749.00
03/06/2025 - 06/12/2025	Days: Tu, Th, Sa
Tu, Th: 6:00PM - 9:30PM	Sessions: 34
Sa: 9:00AM - 4:30PM	

## Phlebotomy Technician Certification Training

This program includes 90 classroom hours and up to 120 hours\* of hands-on clinical training. Students successfully completing the program are eligible to sit for the Healthcareer Association Phlebotomy Technician Certification Exam.

\*The externship begins shortly after completion of the program.

MEPHLEBT1-Spring2025	\$1979.00
03/17/2025 - 06/04/2025	Days: M, W, Sa
M, W: 6:00PM - 9:30PM	Sessions: 24
Sa: 9:00AM - 3:00PM	

## Emergency Medical Technician Certification Training

This hybrid class is taught by Metro-West EMS Educators, which is accredited by the Massachusetts Office of Emergency Services. Upon successful completion of this 160-hour course, students will be able to take the practical and written certification exams to become certified in the Commonwealth of Massachusetts and nationally. This course includes AHA Healthcare Provider CPR.

MEDEMT1-Spring2025	\$1199.00
3/19/2025 - 6/07/2025	Days: Sa
9:00AM - 1:00PM	Sessions: 12 in-person

## Become Certified in Less Than 4 months!

### Programs:

- Clinical Medical Assistant Certification Training
- Phlebotomy Technician Certification Training
- Emergency Medical Technician, EMT Certification Training Program - Hybrid Format

### Certifications:

Clinical Medical Assistant and Phlebotomy students successfully completing their program are eligible to sit for the National Healthcareers exam.

EMT students completing the EMT program are eligible to become certified nationally and in the Commonwealth of Massachusetts.

# MEDICAL AND ALLIED HEALTH CERTIFICATION TRAINING

## Clinical Medical Assistant Certification Training - In Person

This certification program includes 140 hours of classroom lectures and hands-on labs. The course also includes a 160-hour clinical externship opportunity. The clinical externship provides students with an opportunity to perform hands-on work with actual patients at a local medical facility. Many employers require hands-on clinical experience as part of their hiring process. **Books and materials are included in the cost of tuition.**

In this course students will train on how to assist physicians by performing functions related to the clinical responsibilities of a medical office. The class meets on Tuesdays and Thursdays and on 8 Saturdays. A full schedule is posted online.

**Certification:** The program meets all of the necessary requirements to sit for the National Healthcareer Association, NHA, Clinical Medical Assistant (CCMA) Exam. An in-person testing session will be arranged.

Requirements to sit for the exam: Successful completion of the CCMA program and a High School Diploma or Equivalency. **Students will be responsible for paying the \$165 testing fee.**

**Clinical Externship:** To be eligible for the externship, students must successfully complete the 140-hour classroom program, submit to a thorough background check, drug screening and meet other requirements. Please note that students must meet the healthcare provider's requirements and safety mandates.

Payment Plan: Students paying tuition in full at time of registration will receive a 10% discount. Students on the payment plan will be required to pay 50% of the full tuition at registration and the remaining 50% one month into the 140-hour classroom program. No Class: 3/20, 4/22, 4/24, 5/8 & 5/15. **Instructor: Nicole Williams.**

MEDCMA1-Spring2025 \$2749.00  
03/06/2025 - 06/12/2025 Days: Tu, Th, Sa  
Tu, Th: 6:00PM - 9:30PM Sessions: 34  
Sa: 9:00AM - 4:30PM  
Keefe Tech, Second Floor, 323

## Phlebotomy Technician Certification Training - In Person

This certification program includes 90 hours of classroom lecture, hands-on labs, and a clinical externship of up to 120 hours. The clinical externship provides students with an opportunity to perform hands-on work with actual patients at a local medical facility. Many employers require hands-on clinical experience as part of their hiring process. **Books and materials are included in the cost of tuition.**

The class meets on Mondays and Wednesdays and on 3 Saturdays. The program prepares professionals to collect blood specimens from clients for the purpose of laboratory analysis. Students will become familiar with all aspects related to blood collection and develop comprehensive skills to perform venipunctures completely and safely. Classroom and lab work includes terminology, anatomy and physiology; blood collection procedures; specimen hands-on practice; and training in skills and techniques to perform puncture methods.

**National Certification:** This program meets all of the necessary requirements to sit for the National Healthcareer Association Phlebotomy Technician (CPT) Exam. An in-person testing session will be arranged.

**Requirements to sit for the exam:** Successful completion of the CPT program and a High School Diploma or Equivalency. **Students will be responsible for paying the \$165 testing fee.**

**Clinical Externship:** This program includes an internship of up to 120 hours. To be eligible for the clinical externship, students must successfully complete the 90-hour classroom program, submit to a thorough background check, drug screening and meet other requirements. Please note that students must meet the healthcare provider's requirements and safety mandates.

Payment Plan: Students paying tuition in full at time of registration will receive a 10% discount. Students on the payment plan will be required to pay 50% of the full tuition at registration and the remaining 50% one month into the 90-hour classroom program. No Class: 4/21, 4/23 & 5/26. **Instructor: Lucy Fonseca.**

MEPHLEBT1-Spring2025 \$1979.00  
03/17/2025 - 06/04/2025 Days: M, W, Sa  
M, W: 6:00PM - 9:30PM Sessions: 24  
Sa: 9:00AM - 3:00PM  
Keefe Tech, Second Floor, TBD





# MEDICAL AND ALLIED HEALTH CERTIFICATION TRAINING

## Emergency Medical Technician, EMT Certification Training Program - Hybrid Format

EMT basics are the foundation of pre-hospital emergency medical care. In this course you will learn how to conduct an initial evaluation, treat and transport patients with medical problems as well as those with injuries from accidents (trauma). This program exceeds the National and State Standard Curriculum for EMTs. The course includes AHA Healthcare Provider CPR. Upon successful completion of this 160-hour course, students will be eligible to take the practical and written certification exams to become certified nationally and in the Commonwealth of Massachusetts.

**Prerequisites:** Students must be able to lift 125 lbs; and have strong verbal and communication skills.

**Class Format:** This is a hybrid course, which consists of online self-paced, and in person hands-on classes. You will receive your login credentials for the online portion of the course in advance of class. A good portion of the class is online/self-paced. This portion requires you to complete weekly assignments on your own, which will cover the didactic portion of the course. The hands-on portion of the class will take place in person at Keefe Tech on Saturdays from 9:00 a.m.-1:00 pm. During the in-person classes, the class will cover the psychomotor, or hands-on portion of the course. Please view the online description for a full schedule of classes and information on materials that you will need to purchase. **Instructor: Metro-West EMS Educators Staff.**

MEDEMT1-Spring2025	\$1199.00
3/19/2025 Orientation;	
6:00 - 8:00PM	Days:W
3/22/2025 -6/07/2025;	
9:00AM - 1:00PM	Days: S
Keefe Tech, Second Floor, 320	Sessions: 12

## Heartsaver® CPR AED Training - In Person - New!

The Heartsaver CPR AED course trains participants to give CPR, and use an automated external defibrillator (AED) in a safe, timely, and effective manner. Reflects science and education from the American Heart Association Guidelines Update for CPR and Emergency Cardiovascular Care (ECC).

The AHA Heartsaver CPR AED Course is designed for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet job, regulatory, or other requirements. After successful completion of the program, we will submit all of the necessary paperwork for your certificate.

MEDCPR-Spring2025	\$99.00
05/03/2025 - 05/03/2025	Days:S
9:00 AM - 1:00 PM	Sessions: 1
Keefe Tech, Second Floor, 323	



# MUSIC

## Instant Piano for Hopelessly Busy People - Virtual Platform/Live Instruction

Please note that you will need to have your instrument with you through the duration of the class. In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do-using chords. The chord method is lots of fun and dramatically easier to learn than reading notes. Ages 13+. A class invitation link will be sent to your email account in advance of class. **Instructor: Craig Coffman.**

ARTMUSIC09-Spring2025	\$69.00
04/07/2025 - 04/07/2025	Days:M
6:30PM - 9:30PM	Sessions: 1
Live Virtual Classroom	

## Instant Guitar for the Hopelessly Busy People - Virtual Platform/Live Instruction

Please note that you will need to have your instrument with you through the duration of the class. In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. For ages 13+. A class invitation link will be sent to your email account in advance of class. **Instructor: Craig Coffman.**

ARTMUSIC10-Spring 2025	\$69.00
04/08/2025 - 04/08/2025	Days:TU
6:30PM - 9:30PM	Sessions: 1
Live Virtual Classroom	

Please sign up early so that we meet our minimum class enrollment.

# Construction Supervisor Unrestricted License Exam Preparation

**Registration Deadline: April 22.** Only a person licensed by the Massachusetts Board of Building Regulations and Standards may supervise the construction and renovation of all one and two family dwellings and all buildings containing less than 35,000 cubic feet of enclosed space. This class will help you prepare for your Massachusetts Construction Supervisor Unrestricted License exam. This course requires students to devote a significant amount of time familiarizing themselves with the building code materials and methods of preparation for the exam.



**All Textbooks and Study Materials (\$500 value) are included in the cost of tuition.**

**Prerequisite to take the State Exam:** Three years of documentable construction experience.

**CONSTRUCTLIC-Spring2025** \$899.00  
 04/29/2025 - 06/03/2025 Days: Tu  
 6:00PM - 8:00PM Sessions: 6



## Journeyman Plumbing Code and Theory

*Classes Start in Fall 2025*

Join our robust program. Keefe at Night has been successfully running 5 Tiers for over 8 years.

Earn all 550 hours required for licensure.

Learn from instructors with over 75 years of combined industry experience.

Complete the program in 4 years.

Keefe at Night offers all five tiers of the Massachusetts Journeyman Plumbing Code and Theory Program.

Our 4-year Tier Program fulfills the required Tier Code & Theory portion of training for students wishing to become Massachusetts Journeyman Plumbers. Each Tier covers the state requirements for licensure.

Enrollment is open to non-licensed plumbing apprentices in Tier 1 ONLY. Students wanting to enroll in Tiers 2, 3, 4 & 5 must hold a current Massachusetts apprenticeship license and have successfully completed the previous tier.

With the exception of Tier 1 (see above), classes are open only to current apprentices licensed as a Massachusetts Plumbing Apprentice. Participants in the 5-Tier system are required to complete 550 classroom hours (110 hours per Tier) and 6800 apprenticeship work hours (1700 hours per work year) to qualify to take the Journeyman Plumber Test.

We strongly recommend that all students visit The Board of Registration of Plumbers and Gas Fitters website at: <https://www.mass.gov/plumber-licensing> for information on Journeyman License requirements and processes.

**A 200-hour Tier 1 Tuition-Free Program is available for qualifying applicants. Please see page 22 for more information.**

## PERSONAL ENRICHMENT

### Mindfulness In the Modern World - In Person

The goal of this class is to highlight small changes everyone can make in their lives, which can then translate into positive, long-term impact. We will focus on how integrating or improving one's attention, sleep hygiene, nutrition, movement, meditation practice and relationship-building can vastly change the way we experience life and the people in it.

**Instructor: Weronika Zawora.**

HEALTHW18-Spring2025	\$39.00
04/28/2025 - 04/28/2025	Days:M
6:00 PM - 9:00PM	Sessions: 1
Keefe Tech, Main Floor, 208	

## PET HEALTH

### Pet First Aid and CPR for Cats and Dogs Certification - In Person

This class will give you the tools to be ready in case of an emergency. Please view the online description for a list of all subjects that will be covered. At the conclusion of class you will receive a Certification of Completion wall certificate and wallet card good for 2 years. We look forward to teaching you these very valuable skills and helping you truly be your pet's best friend. **Instructor: Laura McCallion.**

HEALTHWPETS-Spring2025-1	\$89.00
04/09/2025 - 04/10/2025	Days:W, Th
6:00PM - 9:00PM	Sessions: 2
Keefe Tech, Main Floor, 215	

HEALTHWPETS-Spring2025-2	\$89.00
06/11/2025 - 06/12/2025	Days:W, Th
6:00PM - 9:00PM	Sessions: 2
Keefe Tech, Main Floor, 215	

### Connecting With Your Cat - In Person

In this class, students will discuss cat safety - do's and don'ts, and observations of which you should be aware. Students will also learn about socialization, the meaning of certain behavior. The aim of this class is to help create a stronger bond between you and your cat. We will also have a Q & A period. **Instructor: Annabelle Lebas.**

HEALTHPETS5-Spring2025	\$39.00
05/28/2025 - 05/28/2025	Days:W
6:00PM - 9:00PM	Sessions: 1
Keefe Tech, Main Floor, 210	

## REAL ESTATE

### Massachusetts Real Estate Salesperson Training - In Person

This class is your first step to becoming a licensed real estate salesperson! Completion of this course will qualify students to sit for the Massachusetts Real Estate Salesperson's Test.

This course is taught by professionals from Framingham-based Key Realty Services University, an approved, fully licensed and credentialed Massachusetts Real Estate School. The course is taught in both lecture and interactive format. At the completion of the program you will receive a certification booklet, which allows you to take the state examination. If you score 70% or better on your exam, you will receive your license that day!

**Important: If you already hold a Real Estate License, this Pre-Licensing course is not for you.** Books must be purchased in advance of class. Please see online description for information on the textbooks. **Instructor: TBD**

REALESTATE1-Spring2025	\$369.00
TBD	Days: TBD
6:00 PM - 9:00 PM	Sessions: 15
Keefe Tech, Main Floor, TBD	

### Home Buying Workshop - Virtual Platform/Live Instruction

Spend an evening learning essential information, strategies and tips that can help to save money and avoid expensive mistakes in the home buying process. A class invitation link will be sent to your email account in advance of class.

**Instructor: Faina Shapiro.**

FINRE4-Spring2025	\$39.00
04/30/2025 - 04/30/2025	Days:W
6:30PM - 9:00PM	Sessions: 1
Live Virtual Classroom	

### How to Sell Your Home Workshop - Virtual Platform/Live Instruction

Learn how to hire the right agent and what you need to know if you plan on selling without an agent. The class will also cover what's necessary to fix before listing and what isn't, what buyers want, and what costs are associated with selling. A class link will be sent to your email account in advance of class. **Instructor: Faina Shapiro.**

FINRE6-Spring2025	\$39.00
04/09/2025 - 04/09/2025	Days:W
6:30PM - 9:00PM	Sessions: 1
Live Virtual Classroom	

### Real Estate Investing Workshop - Virtual Platform/Live Instruction

Along with learning how to buy an income-generating rental property in this competitive market, we will discuss Massachusetts laws that every landlord needs to know to protect themselves. A class link will be sent to your email account in advance of class. **Instructor: Faina Shapiro.**

FINRE7-Spring2025	\$39.00
05/14/2025 - 05/14/2025	Days:W
6:30PM - 9:00PM	Sessions: 1
Live Virtual Classroom	



**Visit Our Website**  
Full course descriptions can  
be found online at [Keefeatnight.org](http://Keefeatnight.org).



## REIKI

### Usui/Holy Fire Reiki, Level 1 Certification - In Person

In this class you will gain a general understanding of the concept of chakras, auras and Reiki energy using scanning and traditional hand positions. This class is for beginners, or anyone interested in learning more about energy healing. Training consists of lectures as well as hands-on practice. Certification will be presented at completion of course. Please see the online description for information on the book you will need to purchase in advance of class. **Instructor: Ashley Olstein.**

REIKI1-Spring2025 \$99.00  
04/08/2025 - 04/15/2025 Days:Tu  
5:30PM - 8:30PM Sessions: 2  
Keefe Tech, Second Floor, 314

### Usui/Holy Fire Reiki, Level 2 Certification - In Person

In this class you will learn full treatment techniques including advanced body scanning and meditations. Gain a deeper understanding of: Using Reiki healing to help clear negative energies and emotions from people, distant healing, helping to heal trauma and unwanted habits. This class will be a first step in preparing you to open your own Reiki practice or integrate it into your daily life. Certification will be presented after completion of the class. **Prerequisite:** Successful completion of the Usui/Holy Fire Reiki Level 1 Certification course. Please see the online description for information on the required textbook. **Instructor: Ashley Olstein.**

CAREERR2-Spring2025 \$99.00  
04/29/2025 - 05/06/2025 Days:Tu  
5:30PM - 8:30PM Sessions: 2  
Keefe Tech, Second Floor, 314



## SERVSAFE CERTIFICATION

### ServSafe Manager Training/Certification Testing - In Person

This National Restaurant Association food and beverage safety training course is appropriate for food-service management staff working in health care, schools, restaurants and all food service establishments. Your paper-based certification exam will be conducted in the last hour of the program. Please see the online description for information regarding the suggested book for this class. **Instructor: Lynn Petrowski.**

SSCERT01-Spring2025-Section1 \$169.00  
4/15/2025 - 4/16/2025 Days:Tu,W  
4:00PM - 7:30PM Sessions: 2  
Keefe Tech, Main Floor, 209

SSCERT01-Spring2025-Section2 \$169.00  
6/03/2025 - 6/04/2025 Days:Tu,W  
4:00PM - 7:30PM Sessions: 2  
Keefe Tech, Main Floor, 208

## SMALL ENGINE REPAIR

### Small Engine Repair - In Person

Rejuvenate your equipment! Learn how to tune-up, repair and even overhaul small gasoline engines found in snow blowers, go-karts, chainsaws, lawn mowers, tillers, leaf blowers and string trimmers. Don't pay for expensive repairs when you can do them yourself! Come prepared and bring your small engine on the first night of class. The engine may remain attached to a snow blower, lawn mower or other small engine equipment. **Important:** There is no storage available. Be sure you can transport your equipment to and from class each week. **Please note that the first 4 classes will take place on Thursday, and the last 2 classes will take place on Tuesday. You can view the full schedule in the online description.** No Class: 3/20. **Instructor: James Gable.**

AU04-Spring2025 \$199.00  
03/06/2025 - 04/15/2025 Days:Th, Tu  
• Th: 3/6, 3/13, 3/27, 4/3 Sessions: 6  
• Tu: 4/8, 4/15  
6:00PM - 9:00PM  
Keefe Tech, Ground Floor, Horticulture

## Inclement Weather Class Cancellations -

Information will be posted  
on our website and  
our Facebook page.

You can also call 508-416-2170  
for a recorded message.





### Pickleball: Fun Adult Starter Pickleball at Longfellow Pickleball Center

With four indoor courts, the program is designed for you to learn how to play successfully regardless of your level. This is a Saturday class which takes place at the Longfellow Pickleball Center in Wayland, which is located directly across the street from the Longfellow Health and Tennis Club: Longfellow Pickleball Center | 522A Boston Post Road, Wayland, MA 01708.

If you have any questions not related to registration, please contact Tom O'Reilly at longfellowpickleball@gmail.com | 508-769-0768. **Instructor: Staff, Longfellow Pickleball Center.**

PICKLEBALL-Spring 2025	\$229.00
03/22/2025 - 05/24/2025	Days:Sa
1:30PM - 3:00PM	Sessions: 10
Pickleball Center at Longfellow, Across from Club	

### Intro to the Sport of Fly Fishing - With Sheila Hassan - In Person

Join IGFA world record holder for Bonefish and Bluefish, Sheila Hassan, for this introductory fly-fishing class. This indoor session will cover the basics of how to get started in fly-fishing. You will learn about the equipment, including rods, reels, lines, waders and other gear; learn the differences between fresh and saltwater fly-fishing; basic knot tying; fly selection; fishing conservation; as well as beginning fly-casting with an indoor practice rod. This is a fast-paced class designed to get you ready for the next fly-fishing season. Your instructor will provide all materials and handouts. Register early. Class is limited to 10 students. **Instructor: Sheila & Bill Hassan.**

SP03-Spring2025	\$49.00
3/19/2025 - 3/19/2025	Days:W
7:00 PM - 9:00 PM	Sessions: 1
Keefe Tech, Main Floor, 222	

## TRADES - LICENSE EXAM PREPARATION

### Trades - Construction

#### Construction Supervisor Unrestricted License Exam Preparation - In Person

**Space is limited. Registration Deadline: April 22, 2025.**

This class will help you prepare for your Massachusetts Construction Supervisors unrestricted license exam. The course requires students to devote a significant amount of time familiarizing themselves with the building code materials and methods of preparation for the exam. Through this learning method, students will be able to retain the process of the system in order to find the answers to the test questions that will be presented. In addition to class time, students will be expected to work on practice exams and to read 6-8 hours per week. All Textbooks and Study Materials (\$500 value) are included in the cost of tuition. **Prerequisite to take the State Exam:** Three years of documentable construction experience. **Instructor: Mass Nail It Staff.**

CONSTRUCTLIC-Spring2025	\$899.00
04/29/2025 - 06/03/2025	Days:TU
6:00PM - 8:00PM	Sessions: 6
Keefe Tech, Main Floor, 201	

### HVAC - Oil and Gas Burner

#### Technology

#### HVAC - Oil and Gas Burner Technology - 200 Hours - Starts in September

This course is available to students who qualify for grant funding. Please see the full ad on page 10 for details on the tuition-free program.

### Trades - Electrical

#### Electrical Journeyman, Module 1 - 200 Hours - Starts in September

This course is only available to students who qualify for grant funding. Please see the full ad on page 12 for details.

#### Electrical Code - Journeyman, Module 2 - In Person

This program is for everyone continuing their studies in the Electrical Code Journeyman Module program. It is open to all seeking licensure in Massachusetts. The curriculum includes: Electrical Bonding and Grounding, Low Voltage Systems and Controls, Fire Warning and Security Systems as well as Design and Testing (NFPA 72). Important: All students must have the current edition of the NEC in class. Other books on the reading list are optional. All classes start promptly on time in order to ensure state policy compliance. No Class: 3/20, 4/22, 4/24, 5/8, & 5/15. **Instructor: Kenneth Webb.**

ELECTRICMOD2-Spring2025	\$559.00
3/04/2025 - 5/29/2025	Days:TU,Th
5:00 PM - 9:00 PM	Sessions: 21
Keefe Tech, Main Floor, 218	

#### Electrical Code - Journeyman, Module 7 - In Person

In Module 7 you will cover One Family and Multi-Family Dwelling Calculations, Commercial Load Calculations and Use of Code Book tables and examples.

Important: All students must have the current edition of the NEC in class. Other books on the reading list are optional. All classes start promptly on time in order to ensure state policy compliance. No Class: 3/20, 4/22, 4/24, 5/8 & 5/15. **Instructor: Ben Hall.**

ELECTRICMOD7-Spring2025	\$559.00
3/04/2025 - 5/29/2025	Days:TU,Th
5:00 PM - 9:00 PM	Sessions: 21
Keefe Tech, Main Floor, 221	

# TRADES - LICENSE EXAM PREPARATION

## Trades - Plumbing

Keefe at Night offers all 5 tiers of the Massachusetts Journeyman Plumbing Code and Theory Program. Our 4-year Tier Program fulfills the required Tier Code & Theory portion of training for students wishing to become Massachusetts Journeyman Plumbers. Each Tier covers the state requirements for licensure which can be found on the website at <https://www.mass.gov/info-details/plumbing-tier-program>.

Enrollment is open to non-licensed plumbing apprentices in Tier 1 ONLY. Students wanting to enroll in Tiers 2, 3, 4 & 5 must hold a current Massachusetts apprenticeship license and have successfully completed the previous tier. You will not be able to enroll in Tier 2 until you have successfully completed Tier 1 and have attained a Massachusetts Plumbing Apprentice license. (All tiers must be taken in consecutive order.)

With the exception of Tier 1 (see above), classes are open only to current apprentices licensed as a Massachusetts Plumbing Apprentice. Participants in the 5-Tier system are required to complete 550 classroom hours (110 hours per Tier) and 6800 apprenticeship work hours (1700 hours per work year) to qualify to take the Journeyman Plumber Test. We strongly recommend that all students visit The Board of Registration of Plumbers and Gas Fitters website at: <https://www.mass.gov/plumber-licensing> for information on Journeyman License requirements and processes.

We strongly recommend that all students visit The Board of Registration of Plumbers and Gas Fitters website at: <https://www.mass.gov/plumber-licensing> for information on Journeyman License requirements and processes.

Plumbing Codebooks are not required for Tier 1. However all students in Tiers 2 - 5 must possess a current codebook during the entirety and through the completion of their program. They must bring the books to every class. Codebooks can be purchased online at <https://www.phccma.org/e-commerce/code-books.rhtml>.

## TRAVEL

### New York Bus Trip / Broadway - May 17, 2025

Our New York - Broadway trip includes round-trip transportation via modern, Wi-Fi equipped motor coach, complimentary city map, Broadway Show Guide, Dining Guide, and the assistance of our expert trip guide, Doug Sanders. We will leave Keefe at 7:30 a.m. sharp and travel to the Big Apple. Once in Times Square, we will head to the TKTS Booth to purchase available tickets for matinee performances at half the list price on the day of the show! (Or purchase your tickets in advance to secure seats.) Once you have purchased tickets, there is time to sightsee, have lunch, or shop until the 2:00 p.m. performances. Depart NYC at 7:00 p.m. for your return trip, arriving back at Keefe Tech before 11:00 pm. Important Message: Registrations for the trip are transferable, but not refundable. Credit vouchers are also not available on trips. Parking at Keefe: Please park on the west side of campus, located at the Winter Street entrance, closest to the gym. Look for the Bloom Charter bus **Trip leader: Doug Sanders.**

TRIPSNY01-Spring2025	\$109.00
05/17/2025 - 05/17/2025	Days: Sa
7:30AM - 11:00PM	Sessions: 1
Bus Trip	

All Tiers must be completed in order.

### Keefe at Night Tier Schedule - Spring/Fall 2025

Tier 1 - September, Registration opens in June  
Tier 2 - January, Registration opens in November  
Tier 3 - September, Registration opens in June  
Tier 4 - September, Registration opens in June  
Tier 5 - September, Registration opens in June

### Plumbing Code and Theory Tier 1 with OSHA - 200 Hours - Starts in September

This course is available to students who qualify for grant funding. Please see the full ad on page 11 for details on the tuition-free program.

**Plumbing Code and Theory Tier 1 - Full Tier Program - In Person**  
Starts every September. Registration will open in June. **Instructor: Jamie Prevosk**

**Plumbing Code and Theory Tier 2 - Full Tier Program - In Person**  
Starts every January. Registration will open in November. In order to enroll in Tier 2, you must have successfully completed the required 110 code hours and OSHA certification in Tier 1. You will also need to have secured a plumbing apprenticeship license. **Instructor: Jamie Prevosk.**

### Plumbing Code and Theory Tier 3 - In Person

Starts every September. Registration will open in June. Current registration is available only to returning Tier 3 students. **Instructor: John Ryder.**

### Plumbing Code and Theory Tier 4 - In Person

Starts every September. Registration will open in June. **Instructor: Matt Flynn.**

### Plumbing Code and Theory Tier 5 - In Person

Starts every September. Registration will open in June. **Instructor: Eric Gordon.**

## WELDING

### Basic Welding - Mondays and Wednesday OR Tuesdays and Thursdays

This course is for individuals who have little or no knowledge of welding. It includes lectures as well as hands-on activities. You will learn the basic skills and safety requirements of welding processes: Stick, MIG, TIG & Torch as well as how to use a variety of hand tools for sheet metal. All safety equipment and materials and supplies will be provided for your use. Your project must be small enough to be able to carry it in and out of the building on the night of class as there is no storage available at Keefe. No class dates for both classes: 3/20, 4/21, 4/22, 4/23 & 4/24.

### Basic Welding - In Person, M/W - Instructor: Jessen Sylvestre.

WE01MW-Spring2025	\$429.00
03/05/2025 - 04/28/2025	Days:M,W
6:00PM - 9:00PM	Sessions: 14
Keefe Tech, Ground Floor, Metals & Fabrication	

### Basic Welding -- In Person, T/Th - Instructor: John Nolan.

WEFAB02-Spring2025	\$429.00
03/06/2025 - 05/01/2025	Days:Tu,Th
6:00PM - 9:00PM	Sessions: 14
Keefe Tech, Ground Floor, Metals & Fabrication	

# ATTENTION: HVAC AND ELECTRICAL EMPLOYERS.

*You are invited to participate in Keefe at Night's HVAC / Journeyman Electrical Job Fair. Reserve your table today!*

## Keefe at Night JOB FAIR

*Offered In Partnership with MassHire & Commonwealth Corporation*

Please Join Us on  
**April 16, 2025**  
**from 6:00 - 7:30pm**  
at Keefe Regional Technical School  
located at 750 Winter Street,  
Framingham, MA

We are happy to bring together participants of our Career Technical Initiative (CTI) 200-Hour training programs with local employers. We invite you to host a table at our upcoming job fair, connecting directly with talented students in electrical and HVAC programs who are eager to launch their careers.



### 200-Hour Electrical Module 1 Students' Skills & Certifications

- **Skills:** Basic understanding of various electrical components; experience with wire lighting circuits and low voltage controls; and practice with the installation of wiring methods and materials.
- **Certificates:** Completion of 75 code hours in Module 1 and OSHA Certification.



### 200-Hour HVAC - Oil Burner & Gas Technology Students' Skills & Certifications

- **Skills:** Hands-on training with Flaring Tools, soldering, Swage tools, oil lines, copper tubing, basic electrical wiring, multimeter electrical circuits, black iron piping, Gas/Oil Furnaces, and Electronic Combustion Analyzers. Trained on workplace safety, customer service skills, and teamwork.
- **Certificates:** Certificate of Completion and OSHA certification; HVAC - Oil Burner Certification after passing the State Exam.

Contact us to participate in the Job Fair  
or if you currently have job openings.

(508) 416-2170

[continuinged@jpkkeefehs.org](mailto:continuinged@jpkkeefehs.org)

# Keefe at Night

## Career Training through Ed2Go Self-paced Online Learning



### Online Career Training Programs

Online programs can start you on a path to an in-demand profession or help advance your current career with industry certification. You begin these programs at any time and learn at your own pace. Upon successful completion of all coursework, you will receive a certificate of completion.

### Online Course Bundles

These bundles allow you to take multiple courses at a discounted price while gaining an in-depth understanding of the subject area. Our online courses are informative, fun, convenient, and highly interactive. We offer new course sessions monthly. Visit our website to view start dates for the courses that interest you.

Visit our website for program details and to enroll:  
[careertraining.ed2go.com/kan](https://careertraining.ed2go.com/kan)

Visit our website for program details and to enroll:  
[ed2go.com/kan](https://ed2go.com/kan)

## We're Hiring Electrical Instructors

### About the Position

We are currently seeking dedicated and knowledgeable instructors for our Electrical Code Modular Program. As an instructor, you will have an opportunity to share your knowledge with adults who are just starting out in the field. You will be responsible for teaching 1 or 2 Modules during our Spring and Fall semesters. The ideal candidate would be available 2-3 nights a week after 5pm or on Saturday mornings.

### Requirements:

- Teaching experience
- Possesses a Master Electrician License

### How to Apply

Please send your resume to Soraya Winters at [swinters@jpkeefe.org](mailto:swinters@jpkeefe.org) to apply. If you have any questions, please call Keefe at Night at (508) 416-2170.





## GENERAL INFORMATION AND PROCEDURES — SPRING 2025 (CONTINUED ON PAGE 26)

Welcome to Keefe at Night! For a better understanding of our Spring schedules and procedures, please read the information that appears below.

### **Safety Protocols for In-Person and Hybrid**

**Courses:** Students attending in-person and hybrid courses must adhere to safety protocols in place at the time their class is running.

### **Office Hours:**

### **Starting on March 5, 2025 through mid June**

Monday – Thursday: 8:00 a.m. to 9:00 p.m.

Friday: 8:00 a.m. to 4:00 p.m.

### **Scheduled School Closings & Class**

### **Cancellations**

3/20, 4/21, 4/22, 4/23, 4/24, 5/8, 5/15 & 5/26

Please check your registration receipt for possible additional cancellation dates for your specific class/es.

**Tuition/Registration Payment:** Payment in full is due at registration. Payment plans are available as noted in specific class descriptions. Registrations under payment plans must be processed by phone or in person.

### **There are 4 convenient ways to register and pay:**

1. *Online Registration:* Visit [www.keefeatnight.org](http://www.keefeatnight.org) and click on the “Registration” tab that appears on the menu bar at the top of the main page. From there click “Register” and click on “My Account.” If you don’t have an account, you can create a new one there as well.
2. *Mail-in Registration:* You can mail in your payment using the registration form in the catalog. Our address is: Keefe at Night, 750 Winter Street, Framingham, MA 01702. No cash please.
3. *Telephone Registration:* During office hours, please call us at 508-416-2170 with a credit card/bank card.
4. *Walk-in Registrations:* Please see office hours above.

**Forms of Payment:** We accept Cash, MasterCard, Visa, Checks, Money Orders, & Organization Purchase Orders. Please note: Refunds made to credit cards may take 2-3 business days or longer to appear on your online statement. Refunds by check (for cash and check payments) may take up to four weeks to reach you.

**Age Requirement for Registration:** The required minimum age is 18 for Keefe at Night Programs. The New York/Broadway trip and virtual music courses are open to children 13 years of age and up.

**Late Registration:** Students may register for a class after the start date only with the approval of the instructor. Tuition is not prorated.

### **Refund Policy for Courses**

**Cancellation for All Classes:** If Keefe at Night cancels classes, you will receive a full refund.

**Withdrawals:**

1. 7 Days before start date: Full tuition refund, minus \$10 cancellation fee.
2. 6 Days or less before start date: A course credit voucher will be issued for 75% of course tuition.
3. Withdrawal or absence from course on the day that it meets: There is no refund or credit voucher. You may, however, transfer your enrollment to a friend or relative.
4. There are no refunds for payments for the New York Trip. You can, however, transfer your seat to someone else.
5. No course credit vouchers or refunds will be issued after the start of class.

Withdrawal course credit vouchers are valid for 2 years from the date of issue.

## GENERAL INFORMATION AND PROCEDURES — SPRING 2025 (CONTINUED FROM PAGE 25)

### **Missed Classes in Certification/Licensing**

**Programs:** Some programs require a set number of hours for successful completion. If you must miss more than one class, be sure to speak with your instructor. Please know that missed hours will be made up at a time when your instructor is available and there will be a fee of up to \$50/hour with a three-hour minimum.

**Certificates of Completion:** Certificates of completion will be provided for licensing and certification courses. If you need a certificate for confirmation of attendance, please let us know, and we will prepare one for you.

There is a \$5.00 processing fee for each lost or misplaced certificate.

**Night of the Week & Time of Classes:** Classes are in session Monday through Thursday evenings (with a few Saturdays for extended-period certification/licensing programs). Evenings and times are subject to change due to unexpected circumstances. However, every effort will be made to hold classes on the dates and times listed in this Catalog.

**Change of Instructor:** Keefe at Night reserves the right to retain, assign or change instructors as necessary without contacting enrolled students.

**Inclement Weather Cancellations for In-Person & Hybrid In-Person Classes.** If Keefe Regional Technical High School closes during the day, there will be no evening program. If the day program is in session and conditions prohibit safe travel in the evening, every effort will be made to contact all instructors and students by email and when necessary by phone. If in doubt, please call the Keefe at Night main phone number: 508-416-2170 for a recorded message. An announcement will also be posted on our website (inclement weather tab on the menu bar) which connects you to our Facebook page: <https://www.facebook.com/keefetechconted/>.

### **Textbooks/Class Supplies:**

Unless otherwise noted, students will need to purchase their books on their own in advance of their first class. Please check the online course descriptions to confirm whether or not books are included in the cost of tuition. When needed, ISBN numbers or bookstore links are provided. Keefe at Night does not operate a bookstore. Please visit your local bookstore or place your order online.

**Class Locations:** Please check your receipt for your room number. For hybrid & live/virtual classes, login information will be sent to students by email in advance of class. If you are taking dance lessons, it would be best to park by the Winter Street entrance side of the building. Belly dancing classes take place in the auditorium, closest to the entrance near Loring Arena.

**Policies:** Keefe at Night students, instructors and staff are required to adhere to safety protocols, policies, rules and regulations that are observed by Keefe Regional Technical High School.

Please do not hesitate to contact us if you have any questions. You can reach us at 508-416-2170 or by email at: [continuing@jpkeefehs.org](mailto:continuing@jpkeefehs.org).

We thank you for your continued support of Keefe at Night and hope you'll join us!



# Keefe at Night - Registration Form

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_ Best Phone #: \_\_\_\_\_

Course ID	Course Title	Class Dates	Tuition Amount
<b>TOTAL</b>			

By submitting this registration form you acknowledge that you have read and accept the Refund Policy that appears below.

Participants must be 18 or older in order to enroll in Keefe at Night programs.

Form of Payment:    Check No. \_\_\_\_\_ (Payable to Keefe at Night)    MasterCard \_\_\_ Visa \_\_\_  
 Credit Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_  
 Authorization Code: \_\_\_\_\_ Name of Card Holder: \_\_\_\_\_  
 Billing Address If Different from Above: \_\_\_\_\_

## Refund Policy

### Refund Policy for Courses/Trips

Cancellation for All Classes: If Keefe at Night cancels a course, the full amount will be refunded.

#### Withdrawals:

1. **7 Days before start date:** Full tuition refund, minus \$10 cancellation fee.
2. **6 Days or less before start date:** A course credit voucher will be issued for 75% of course tuition.
3. **Withdrawal or absence from course on the day that it meets:** There is no refund or credit voucher. You may, however, transfer your enrollment to a friend or relative.
4. **There are no refunds for payments for the New York Trip.** You can, however, transfer your seat to someone else.
5. **No course credit vouchers or refunds will be issued after the start of class.**

**Withdrawal course credit vouchers are valid for 2 years from the date of issue.**



# Keefe at Night

750 Winter Street,  
Framingham, MA 01702

Arts & Crafts .....	4-5	Music .....	17
• Visual Arts .....	4	Personal Enrichment .....	19
• Floral Design .....	4	Pet Health .....	19
• Textile Arts .....	4-5	Real Estate .....	19
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Visit Us on Facebook: [www.facebook.com/keefetechconted](http://www.facebook.com/keefetechconted)

Join Us this Spring!

Call 508-416-2170 or visit us online at  
[www.keefeatnight.org](http://www.keefeatnight.org)